



Holy Ghost Orthodox Church

714 Westmoreland Avenue

PO Box 3

Slickville, PA 15684-0003

[724] 468-5581

www.holyghostorthodoxchurch.org

Rev. Father Robert Popichak, Pastor

23 Station Street

Carnegie, PA 15106-3014

[412] 279-5640 home

[412] 956-6626 cell

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Constantine, Patriarch Pavle, Bishop Robert, Father Peter Natishan, Father Gerald Olszewski, Father Jakiw Norton, Father Dragan Filipović, Father Elias Katras, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Anthony Dimitri, Father Cuthbert Jack, Father Elias Warnke, Evelyn Burlack, Joshua Agosto and his family, Harley Katarina Rahuba, Mike Holupka, Eva Malesnick, Helen Likar, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Maria Balo, Linda Mechtly, Mary Mochnick, Mildred Manolovich, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Glen Lucas Burlack, Bernie Vangrin, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Cameron [a boy in Matt's class], Faith—an 7-year-old girl with rheumatoid arthritis, Isabella Olivia Lindgren—a 4-year-old with a brain tumor, Dillon, Ethel Thomas, Donna, Nick Malec [Maxine's brother], Erin, Jim Markovich, Jeff Walewski [thyroid cancer], Carol [Lotinski] Rose, Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Gary Zurasky, Michael Horvath, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Jim Logue—throat cancer, Liz Stumpf, Ester Tylavsky, Ed Jamison, Theodore Nixon, Charles Johnson, Amy Forbeck, Michelle Corba Kapeluck, Gloria Prymak [Liz's niece], Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, Sabrina, George & Mika Rocknage, Elizabeth Mitchell, Robert McKivitz, Marjorie Pershing, Tom Marriott, Joe Farkas, Liz Obradovich, Liz, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Peter Natishan, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Brandi Thomas, Eleanor Kelly, Bryan, Peter Special, Amy Boe, Doris Artman, Maureen Sams, Nancy Barylak, Shirley Tkacik, Carol Kowalcheck, Martin Golofski, Joe Paouncic, Anthony Yerace, Joanne Brodrick, Khrystyna Chorniy, Anthony Cormier [3-year-old with cancer], Diane Waryanka, Nathan Forbeck, Joseph Baloga, Andy Torick, Sarah Doyle, Carmella Berardesca, Samuel Peters, Jean Stutchell, Joe Paouncic, and Daria Masur. **ARNOLD:** Stefania Lucci, Steve Sakal, Homer

Paul Kline, and Steve Ostaffy. We pray that God will grant them all a speedy recovery.

PLEASE NOTE: Father Bob will be attending the Annual Clergy Conference at Antiochian Village from this afternoon until Wednesday afternoon—cell phone coverage is spotty at best! Please contact John Paouncic or one of the area Orthodox Clergy if you are in need of a priest.

MARK YOUR CALENDARS! On Sunday, November 8th, after the Obednitza, Alex and Matt will be serving a FREE BREAKFAST as part of their Scout Religious Award projects. Please stay and enjoy fellowship, pancakes, sausage, scrambled eggs, and other goodies. Everyone is welcome, and IT'S FREE!

Please remember James John Logue George Senita, & John Kirkowski assigned to Iraq, Matthew Machak, Tonia Dec, Michael Repasky, and ALL American servicemen and women in the Middle East in your prayers. May God watch over them and all American servicemen and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR “BOXTOPS FOR EDUCATION” AND CAMPBELL’S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Alex’s Seventh Grade and Matt’s Fifth Grade collections. THANK YOU ALL FOR YOUR HELP! Love, *Alex and Matt*

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please **CALL FATHER BOB** at [412] 279-5640.

Schedule of Services

Sunday, October 25

Divine Liturgy

10:30 AM

20TH SUNDAY AFTER PENTECOST

HOLY FATHERS OF THE 7TH ECUMENICAL COUNCIL, MARTYRS PROBUS, TARACHUS & ANDRONICUS AT TARSUS IN CILICIA, VENERABLE COSMAS THE HYMNOGRAPHER-BISHOP OF MAIUMA & AUTHOR OF CANONS, MARTYR DOMNICA OF ANAZARUBS, SAINT MARTIN THE MERCIFUL-BISHOP OF TOURS, VENERABLE AMPHILOCIUS, MACARIUS, & TARASIUS-ABBOTS-& THEODOSIUS-MONK-OF GLUSHETSK MONASTERY

Tone 3

Galatians 1:11-19

Luke 7:11-16

Litany in Blessed Memory of Walter Burlack—Evelyn and family

Sunday, November 01

Divine Liturgy

10:30 AM

21ST SUNDAY AFTER PENTECOST

PROPHET JOEL, MARTYR WARUS & WITH HIM 7 CHRISTIAN TEACHERS, BLESSED CLEOPATRA & SON JOHN IN EGYPT, HIEROMARTYR SADOC-BISHOP OF PERSIA & 128 MARTYRS WITH HIM, TRANSLATION OF THE RELICS OF VENERABLE JOHN OF RILA, VENERBLE LEONTIUS THE PHILOSOPHER OF SAINT SABBAS MONASTERY, BLESSED PROCHORUS OF PECHENGA

Tone 4

Galatians 2:16-20

Luke 8:5-15

Litany in Blessed Memory of John Lopushanski, Harry Bunio, Mary Pekich, Anna Lotinski, & Julia Golofski—Fr. Bob

Sunday, November 08

Obednitsa

10:30 AM

22ND SUNDAY AFTER PENTECOST

HOLY & GLORIOUS GREAT-MARTYR DEMETRIUS THE MYRRH-BEARER OF THESSALONICA, MARTYR LUPUS, VENERABLE ATHANASIUS OF MEDIKION MONASTERY, VENERABLE THEOPHILUS OF PERCHEVSKY LAVRA-ARCHBISHOP OF NOVGOROD, COMMEMORATION OF THE GREAT EARTHQUAKE AT CONSTANTINOPLE-740 AD, MARTYR IOASAPH-MONK OF MOUNT ATHOS-DISCIPLE OF SAINT NIPHON OF CONSTANTINOPLE, VENERABLE DEMETRIUS OF BASARBOV IN BULGARIA, SAINT ANTHONY-BISHOP OF VOLOGDA

Tone 5

Galatians 6:11-18

Luke 16:19-31

*Litany in Blessed Memory of All Deceased Veterans—Fr. Bob
Parastas in Blessed Memory of Charles Yakim—Ollie Pendlyshok*

BULLETIN INSERT FOR 25 OCTOBER 2009

TWENTIETH SUNDAY AFTER PENTECOST

HOLY FATHERS OF THE 7TH ECUMENICAL COUNCIL, MARTYRS PROBUS, TARACHUS & ANDRONICUS AT TARSUS IN CILICIA, VENERABLE COSMAS THE HYMNOGRAPHER-BISHOP OF MAIUMA & AUTHOR OF CANONS, MARTYR DOMNICA OF ANAZARUBS, SAINT MARTIN THE MERCIFUL-BISHOP OF TOURS, VENERABLE AMPHILOCIUS, MACARIUS, & TARASIU-ABBOTS-& THEODOSIUS-MONK-OF GLUSHETSK MONASTERY

TROPARION—TONE 3

Let the Heavens rejoice! Let the earth be glad!
For the Lord has shown strength with His arm!
He has trampled down death by death!
He has delivered us from the depths of hell,
And has granted the world great mercy!

Glory to the Father, and to the Son, and to the Holy Spirit, Now and ever, and unto ages of ages. Amen.

KONTAKION—TONE 3

On this day Thou didst rise from the tomb, O Merciful One!
Leading us from the gates of death.
On this day Adam exults as Eve rejoices;
With the prophets and patriarchs

They unceasingly praise the divine majesty of Thy power!

PROKEIMENON—TONE 3

READER: Sing praises to our God, sing praises! Sing praises to our King, sing praises!

PEOPLE: Sing praises to our God, sing praises! Sing praises to our King, sing praises!

READER: Clap your hands, all peoples! Shout to God with loud songs of joy!

PEOPLE: Sing praises to our God, sing praises! Sing praises to our King, sing praises!

READER: Sing praises to our God, sing praises!

PEOPLE: Sing praises to our King, sing praises!

ALLELUIA VERSES—TONE 3

In Thee, O Lord, have I hoped; let me never be put to shame!

Be Thou a God of protection for me, a house of refuge, in order to save me!

**UKRAINIAN ORTHODOX CHURCH OF THE USA
CONSISTORY OFFICE OF PUBLIC RELATIONS
PRESS RELEASE**

Holy Ghost Ukrainian Orthodox Church in Coatesville, PA: A Blessed Journey of 100 Years!

One hundred years ago, they arrived – teenagers and young people barely out of their teens – to find a better way of life in a new land. Most came alone, leaving parents, friends and all that they held dear and called home. They brought very little money with them and few tangible items; they did, however, bring treasures beyond measure! They brought their heritage, their customs, their traditions, their desire to work hard and, most importantly of all, they brought their faith in God and their desire to worship Him according to the traditions of their forefathers. This is how the Holy Ghost Ukrainian Orthodox Church in Coatesville, PA was founded.

The “warm” and “passionate” “family” that is Holy Ghost Ukrainian Orthodox Church in Coatesville, PA celebrated 100 years of service on October 3-4, 2009 with a two-day-long schedule of events, opening with a Vespers service on Saturday, October 3, 2009.

Archbishop Antony, the Ruling Hierarch of the Eastern Eparchy and the President of the Consistory of the UOC of the USA arrived to Coatesville, PA

on Saturday, October 3rd to preside over the prayerful celebration of the parish's ministry. Upon the invitation of the parish family and with the blessing of the eparchial bishop, the Ruling Hierarchy of the Western Eparchy of the Church, Bishop Daniel traveled from Chicago, IL to share in the celebration of "faith, hope, and love" as these Christian virtues have been and continue to be practiced among the faithful members of the parish family. The Vespers service began the Saturday night's celebration of the parish's prayer and ministry in the town of Coatesville and the neighboring communities. The pastor of Holy Ghost Ukrainian Orthodox parish, Very Rev. Fr. Anthony Ugolnick, Protopresbyter Frank Estocin, pastor of St. Volodymyr Ukrainian Orthodox Cathedral in Philadelphia, PA and Dean of the Philadelphia Deanery, Very Rev. Bazyl Zawierucha, pastor of Holy Assumption Ukrainian Orthodox parish in Northampton, PA, Very Rev. Fr. Stephen Hutnick, pastor of Sts. Peter and Paul Ukrainian Orthodox parish in Wilmington, DE, Rev. Fr. Gregory Czumak, pastor of the Four Evangelists Ukrainian Orthodox Mission in Bel Air, MD, all welcomed the hierarchs at the front doors of the parish temple, asking the spiritual fathers of the Church to remember in their prayers the previous pastors and founders of the parish family. During Vespers service, His Eminence Archbishop Antony, upon the request of the parish family, recognized prayerful ministry in the congregation of Fr. Anthony Ugolnick and elevated him to the rank of Protopriest, with a rite to wear a "gold" cross.

During his sermon, the Archbishop spoke of the devotion and dedication of the parents, grandparents and in some cases the great, great, great grandparents of today's parish members, who had our Lord Jesus Christ and His Church as the very center of their lives and determined the rest of their lives by that, which was taking place at the Church. The bishop said that Christ and the Holy Spirit never failed them, but only strengthened them, and guided them through the most difficult of times. He called upon the faithful of 2009 and beyond to emulate their predecessors in enriching the legacy they received from their predecessors and passing it on to their descendants. He reminded the faithful that in God's eyes each and every one of them is more precious than any earthly treasure – worth dying for as His Only-begotten Son did on the Cross for us. Each person must contribute his or her part to the common work of the parish community – the worship and community service that identifies who they are – children of God's Love – a love that must always be shared and gifted freely and without hesitation or any strings attached.

Following the Vespers service, the hierarchs and over 200 clergy, faithful and visitors to the parish shared in a festive banquet, organized by the

parish family. Lauren Bentley, the president of the parish board of administration and Tabitha Houck welcomed the guests to the celebration, reflecting upon the blessed history of the parish community. Looking through the pages of the commemorative jubilee book the attendees learned about the various ministries of the parish family throughout the past 100 years. Such parish organizations as St. Anastasia Sisterhood, Holy Ghost Senior UOL chapter, Elders of the parish family, the Church School, the Altar servers and members of the Church choir have selflessly contributed to the growth and spiritual ministry of the parish congregation. The clergy in attendance expressed their sincere greetings on behalf of their parish families, commenting on the positive ministry of Holy Ghost UOC in the mission and the work of salvation of souls of the Holy Ukrainian Orthodox Church of the USA. Fr. Anthony remembered the parish priests who came before him and expressed his gratitude to the bishops and faithful of his parish family for honoring them as they honored Fr. Anthony in the elevation he received. He expressed his hope that he will always live up to the example of those preceding pastors and spiritual fathers to this Holy Ghost community.

On Sunday, October 4, 2009, both hierarchs, Fr. Anthony Ugolnick and Fr. Stephen Hutnick, assisted by subdeacons Kurtis Lauser, Vasyl Pasakas and seminarians Andriy Matlak and Vasyl Dovgan and parish's altar servers, served Divine Liturgy at the parish church, which in 2017 will become 100 years old, having served as the spiritual home for over two thousand Ukrainian Orthodox Christians of the local area. The parish choir, under the skilful leadership of Mrs. Linda Gindin sang the responses for the Liturgy. In his sermon, His Grace Bishop Daniel reflected upon the prayerful ministry of the parish family. The bishop stated that *"...while we reflect upon the prayerful rich spiritual history of the parish, we must look into our blessed future. However, most importantly we must live in this present, proving the necessary spiritual and moral care of the present and future generations of Ukrainian Orthodox Christians in the USA."* The bishop concluded: *"So, I urge you now to give them a living example of your commitment to Jesus Christ. Renew your spiritual lives through fasting and prayer. Then, roll up your sleeves and get to work ensuring the future of the parish family. Do not delay, unless you wish to teach your children procrastination. Instead, show them your love and gratitude to God for His blessings by working hard, and you will teach your children to be grateful for what they have."*

In conclusion of the celebration, at the centennial luncheon, the president of the parish board president Lauren Bentley and the pastor of the parish family, Fr. Anthony Ugolnick presented a gift to the Church through Bishop

Daniel, who leads the college student mission trips to Ukraine - a check for over \$3,000.00 towards the ministry at the three Ukrainian orphanages that the UOC of the USA has adopted. Expressing the gratitude of the Church for this generous gift, the Bishop provided an update on the progress of the orphanage adoption program and commented on the parish's dedication and willingness to share their blessing with those in need. The Bishop stated that *"It is in our nature as Christians to identify with Christ's as we up His cross daily in service to others. Christ's love for orphans is reflected in the Old and New Testament alike and should be reflected in the hearts of the members of His Church, as it is evident in the ministry of Holy Ghost Ukrainian Orthodox parish family."*

Through the consistent, dedicated work of its pastor parishioners and the Will of God, Holy Ghost parish in Coatesville, PA not only survives but thrives. This Centennial celebration joyfully commemorated those who came before, those who work in the present and those who shall take the torch of Faith in the future and ensure the living spiritual legacy of the parish family.

The Orthodox Moment: Greening our Lives, Greening the Parish

In this time of environmental crisis and change, **THE ORTHODOX FELLOWSHIP OF THE TRANSFIGURATION** cordially invites all Orthodox faithful to join us for a Conference to discuss Creation Care from an Orthodox perspective.

We urge all the faithful to... respect and protect the natural environment.
+Ecumenical Patriarch Dimitrios I, 1989

How we treat the earth and all of God's creation defines the relationship that each of us has with God, declared His All Holiness Ecumenical Patriarch Bartholomew.

His Beatitude Patriarch +ALEXEY of Russia has taught that ***The care of Creation...is our practical task but also a spiritual and religious duty, a fulfillment of the commandment of God.***

His Beatitude Patriarch Ignatius IV of Antioch tells us, ***Asceticism is indispensable if we are to achieve that limitation of desires which will make it possible for us to respect the earth and the life which belongs to it.***

What does our Orthodox faith have to say about how we make use of the earth, and why should this matter to us? How is this the "Orthodox Moment" in terms of public witness on these challenging subjects? What are some practical ways that can we make our personal lives, our homes, and our parishes "greener" – that is, more environment-tally responsible and "earth friendly"? Further, how do we in the Orthodox Church deal with air and water pollution issues, the problem of toxins in the food chain, the looming disruptions of global climate change, energy issues and the many other problems of the modern world? A group of Orthodox theologians and speakers will address these questions.

Join us as we delve into some of the cutting edge issues facing Church and society. For more detailed information, please visit our website. If you need a scholarship, please inquire. We provide

a work-study option (helping to serve at meals and participate in clean up) for students and those with limited financial means. Everyone is welcome!

WHEN: 7:00 PM, November 12 - Noon, November 14, 2009

**WHERE: The Dormition of the Theotokos Greek Orthodox Church
2111 Davidson Street, Aliquippa, Pennsylvania 15001
(Telephone: 724-375-5341)**

Registration is a sliding scale fee of between \$45 to \$145. Pay according to your ability. Deadline: November 5

Please sign me up. I plan to attend. My registration fee of \$_____ is enclosed.

I cannot attend, but I will make a donation to help with conference expenses.

Name

Address

City, State and Zip

Make checks payable to OFT Mail to:

Orthodox Fellowship of the Transfiguration (OFT), 887 Sebastopol Road, Suite A
Santa Rosa, CA 95407, or to Dormition Church (address above), c/o Fr. Christopher Bender



School Science You Won't Believe...

Back to School Science You Won't Believe...The following are actual submissions on a series of quizzes, tests, and essays.

"Nitrogen is not found in Ireland because it is not found in a free state."

"H₂O is hot water, and CO₂ is cold water."

"To collect fumes of sulphur, hold a deacon over a flame in a test tube."

"When you smell an oderless gas, it is probably carbon monoxide."

"Water is composed of two gins, Oxygin and Hydrogin. Oxygin is pure gin. Hydrogin is gin and water."

"Three kinds of blood vessels are arteries, vanes and caterpillars."

"The body consists of three parts - the branium, the borax, and the abominable cavity. The branium contains the brain, the borax contains the heart and lungs, and the abominable cavity contains the bowels, of which there are five - a, e, i, o, and u."

"Blood flows down one leg and up the other."

"Respiration is composed of two acts, first inspiration, and then expectoration."

"The moon is a planet just like the earth, only it is even deader."

"Artifical insemination is when the farmer does it to the cow instead of the bull."

"Dew is formed on leaves when the sun shines down on them and makes them perspire."

"A super saturated solution is one that holds more than it can hold."

"Mushrooms always grow in damp places and so they look like umbrellas."

"The pistol of a flower is its only protections agenst insects."

"The skeleton is what is left after the insides have been taken out and the outsides have been taken off. The purpose of the skeleton is something to hitch meat to."

From the sayings of Abba Mark the Ascetic: "If "Christ died on our account in accordance with the Scriptures" (Rom. 5:8; I Cor. 15:3), and we do not "live for ourselves", but "for Him who died and rose" on our account (2 Cor. 5:15), it is clear that we are debtors to Christ to serve Him till our death. How then can we regard sonship as something which is our due?"

Ortho Thought for the Day (God gives opportunities to know Him)

And then, you also want not to have woes? It can't be. God loves us, but we often do not understand it. If we enjoy everything here on earth, then we will forget God. God gives us opportunities to know Him, if only we take hold of the messages. He finds a thousand ways to make us come to know Him. St. Basil says somewhere, *'Make weakness material for virtue.'* No matter what evil comes upon us, if we have patience, it is possible that what we see as evil, will guide us to virtue. The greatest evil is to become estranged from God.
+Elder Ieronymos of Aegina

Became a Christian from Muslim and changed religion will be killed!

These two women will die!

In Iran, the 27-year old Mergiem (Maria) and 30 years Rostampour Merziech Esmeilampant will die because they changed religion. According to the news of the newspaper Bild, in Iran, two women were sentenced to death for allegedly became a Christian.

The Meryem Marziah and held in prison in Tehran whipped every time the imam calls for faithful Muslims to prayer, humiliated and punished by deprivation of food and water.

Arrested on March 5 when it was raided their home and found there the New Testament. The human rights defender and writer Sabatina James struggling for their liberation complains: "They live in isolation and ... interrogated with eyes closed. 5 times a day when the Imam calls to prayer, whipped. They give very little water and food. "

Under the Islamic laws of Iran, those who leave Islam, whether it is women, 5 times daily-times called the "faithful" to prayer-and whipped until ypokousoun (meant to return to Islam) trivializes the quality of life and reduce the amount of food and water for them.

<http://haber.mynet.com/detay/dunya/bu-iki-kadin-idam-edilecek/468288>

The website Sabatina James, specifically on page <http://www.sabatina-ev.de/Botschaft.html> a comprehensive report on the case. There we learn that the two women detained in March in prison Evin, initially in a cell with 25 other women and then quarantine that the day the trial was on 9 August and that although the public prosecutor pressed Mr. Haddad to give up their faith in writing and orally, those stated repeatedly that "I do not regret anything and will not deny their faith in Christ."

SUGGESTED ACTION: We have prepared a short message in English, which you can send this page to the Iranian embassy in the United Kingdom (London) and the Permanent Mission of Iran to the UN. The Iranian embassy in Athens, as we were told by telephone, not e-mail but only FAX,

which is: 2106747945. Who are able to send faxes to protest at this. It may not be as easy as to send the form below, but it is important to do!

The message of protest reads in Greek:

"I was surprised to learn that by March 2009 held in prison in Tehran two women, the 27-year old Meriem Rostampour and 30 years Marziech Esmelaimpant, which sentenced to death because of Muslim became a Christian.

The news has already spread rapidly on the Internet and causes many negative comments about your country.

We unite our voices to that of ETA Sabatina James and many other known and unknown, activists and ordinary people, Greeks and foreigners seeking to respect human rights and Meriem Rostampour and Marziech Esmelaimpant be released immediately. "

Our duty and concern must be how to please God and our fellow men; we should not be preoccupied with our needs, as God will take care of them. There is a silent spiritual agreement between God and man. He will look after us, while we will concentrate on how to live our lives according to His will. "Cast all your anxieties on Him, for He cares about you," (1 Peter 5:7). *Elder Paisios of the Holy Mountain (Athos)*

"For these [difficulties] I have found that a smile and a stick will carry you through all right, and in ninety-nine cases out of a hundred it is the smile that does the trick." Sir Robert Baden-Powell (1857 - 1941) Source: Lessons from the varsity of life

Saint Sylvester Roman Catholic Church will host its annual Roast Beef Dinner on Sunday, November 8, from 11:30 AM to 3 PM. The meal will include roast beef, mashed potatoes & gravy, vegetable, salad, rolls, beverage, and dessert. Adults—\$9, children—\$4.50. A Bake Sale and Swan Creek Candle Sale will also take place along with the dinner. Everyone is welcome. If you have any questions, please call the church office at 724-468-5794.

REMINDER: We are still updating information for our Parish Directory. See Alex downstairs after Divine Liturgy to correct any errors in the information we presently have. Most important is an emergency contact number—we would also love to have **e-mail addresses** if you have one! See Alex, Pani Gina, or Father Bob with any questions.