



Holy Ghost Orthodox Church

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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Constantine, Patriarch Pavle, Bishop Robert, Father Peter Natishan, Father Gerald Olszewski, Father Jakiw Norton, Father Dragan Filipović, Father Elias Katras, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Charles Mezzomo, Father Anthony Dimitri, Father Cuthbert Jack, Father Elias Warnke, Evelyn Burlack, Joshua Agosto and his family, Harley Katarina Rahuba, Mike and Hilda Holupka, Eva Malesnick, Helen Likar, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Maria Balo, Linda Mechtly, Mary Mochnick, Mildred Manolovich, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Glen Lucas Burlack, Bernie Vangrin, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Cameron [a boy in Matt's class], Faith—an 7-year-old girl with rheumatoid arthritis, Isabella Olivia Lindgren—a 4-year-old with a brain tumor, Dillon, Ethel Thomas, Donna, Nick Malec [Maxine's brother], Erin, Jim Markovich, Jeff Walewski [thyroid cancer], Carol [Lotinski] Rose, Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Gary Zurasky, Michael Horvath, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Jim Logue—throat cancer, Liz Stumpf, Ester Tylavsky, Ed Jamison, Theodore Nixon, Charles Johnson, Amy Forbeck, Michelle Corba Kapeluck, Gloria Prymak [Liz's niece], Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, Sabrina, George & Mika Rocknage, Elizabeth Mitchell, Robert McKivitz, Marjorie Pershing, Tom Marriott, Joe Farkas, Liz Obradovich, Liz, Halyna Zelinska [Bishop Daniel's mother], Charlotte, Peter Natishan, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Brandi Thomas, Eleanor Kelly, Bryan, Peter Special, Amy Boe, Doris Artman, Maureen Sams, Nancy Barylak, Shirley Tkacik, Carol Kowalcheck, Martin Golofski, Joe Paouncic, Anthony Yerace, Joanne Brodrick, Khrystyna Chorniy, Anthony Cormier [3-year-old with cancer], Diane Waryanka, Nathan Forbeck, Joseph Baloga, Andy Torick, Sarah Doyle, Carmella Berardesca, Samuel Peters, Jean Stutchell, Joe Paouncic, and Daria Masur. ARNOLD:

Stefania Lucci, Steve Sakal, Homer Paul Kline, and Steve Ostaffy. We pray that God will grant them all a speedy recovery.

HAPPY BIRTHDAY TO OUR OCTOBER BABIES: Rachel Shirley on the 6th, Rich Previc on the 8th, and Harley Katarina Frances Rahuba on the 24th. May God grant them all Many Happy, Healthy, Prosperous, and Blessed Years!

CONGRATULATIONS to Amy Zerebnick and David Lewis who were united in Holy Matrimony in our parish yesterday afternoon. May God Grant them Many Happy, Healthy, Prosperous, and Blessed Years Together!

Please remember James John Logue George Senita, & John Kirkowski assigned to Iraq, Matthew Machak, Tonia Dec, Michael Repasky, and ALL American servicemen and women in the Middle East in your prayers. May God watch over them and all American servicemen and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR “BOXTOPS FOR EDUCATION” AND CAMPBELL’S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Alex’s Seventh Grade and Matt’s Fifth Grade collections. THANK YOU ALL FOR YOUR HELP! Love, *Alex and Matt*

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please **CALL FATHER BOB** at [412] 279-5640.

Schedule of Services

Sunday, October 4

Divine Liturgy

10:30 AM

17TH SUNDAY AFTER PENTECOST

SUNDAY AFTER THE EXALTATION OF THE CROSS, APODOSIS [LEAVE-TAKING] OF THE EXALTATION, APOSTLE QUADRATUS OF THE 70, HIEROMARTYR HYPATIUS-BISHOP OF EPHESUS & PRESBYTER ANDREW, SAINTS ISAACIUS & MELITIUS-BISHOPS OF CYPRUS, MARTYR EUSEBIUS OF PHOENICIA, MARTYR PRISCUS OF PHRYGIA, MARTHRYS EUSEBIUS, NESTABUS, & ZENO OF GAZA, VENERABLE DANIEL-ABBOT OF SHUZHGORSK, UNCOVERING THE RELICS OF SAINT DEMETRIUS-BISHOP OF ROSTOV, VENERABLE JOSEPH OF ZAONIKEIV MONASTERY

Tone 8

II Corinthians 6:16-7:1

Matthew 15:21-28

Litany in Blessed Memory of Kay Behun, Father Theodore Forosty, Johnathan Dorning, & Mary Evaniuk—Fr. Bob

Sunday, October 11

Divine Liturgy

10:30 AM

18TH SUNDAY AFTER PENTECOST

VENERABLE CHARITON THE CONFESSOR—ABBOT OF PALESTINE, PROPHET BARUCH, MARTYRS ALEXANDER ALPHIUS, MARK, NICON, NEON, HELIODORUS, & 24 OTHERS IN PISIDIA & PHRYGIA, MARTYRDOM OF BLESSED WENCESLAUS-PRINCE OF THE CZECHS, SYNAXIS OF THE VENERABLE FATHERS OF THE PERCHEVSKY LAVRA WHO REPOSE IN THE CAVES OF VENERABLE ANTHONY

Tone 1

II Corinthians 9:6-11

Luke 5:1-11

Parastas in Blessed Memory of Nicholas & Catherine Behun—Behun Family

Wednesday, October 14 PROTECTION OF THE HOLY THEOTOKOS--PROKROV

Sunday, October 18

Divine Liturgy

10:30 AM

19TH SUNDAY AFTER PENTECOST

MARTYR CHARITINA OF AMISUS, HIEROMARTYR DIONYSIUS-ARCHBISHOP OF ALEXANDRIA, MARTYR MAMELTA OF PERSIA, VENERABLE GREGORY OF CHANZOE IN GEORGIA, VENERABLE DAMIAN THE HEALER-PRESBYTER, JEREMIAH, & MATTHEW-CLAIRVOYANTS OF THE PERCHEVSKY LAVRA, SAINT CHARITONA-PRINCESS OF LITHUANIA, SAINTS PETER, ALEXIS, JONAH, & PHILIP-METROPOLITANS OF KIEV & WONDERWORKERS

Tone 2

II Corinthians 11:31-12:9

Luke 6:31-36

Litany in Blessed Memory of Archimandrite Anastasije—Fr. Bob

Parastas in Blessed Memory of George Luciow--Sonia

BULLETIN INSERT FOR 04 OCTOBER 2009

SEVENTEENTH SUNDAY AFTER PENTECOST

SUNDAY AFTER THE EXALTATION OF THE CROSS

APODOSIS [LEAVE-TAKING] OF THE EXALTATION

APOSTLE QUADRATUS OF THE 70, HIEROMARTYR HYPATIUS-BISHOP OF EPHESUS & PRESBYTER ANDREW, SAINTS ISAACIUS & MELITIUS-BISHOPS OF CYPRUS, MARTYR EUSEBIUS OF PHOENICIA, MARTYR PRISCUS OF PHRYGIA, MARTHYRS EUSEBIUS, NESTABUS, & ZENO OF GAZA, VENERABLE DANIEL-ABBOT OF SHUZHGORSK, UNCOVERING THE RELICS OF SAINT DEMETRIUS-BISHOP OF ROSTOV, VENERABLE JOSEPH OF ZAONIKEIV MONASTERY

TROPARION—TONE 8

Thou didst descent from on high, O Merciful One!
Thou didst accept the three-day burial to free us from our sufferings!
Our Lord, our Life and Resurrection, Glory to Thee

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

KONTAKION—TONE 8

By rising from the tomb,
Thou didst raise the dead and resurrect Adam.
Eve exults in Thy Resurrection,
And the world celebrates Thy Rising from the dead,

O greatly Merciful One!

PROKEIMENON—TONE 8

READER: Pray and make your vows before the Lord our God!

PEOPLE: Pray and make your vows before the Lord our God!

READER: In Judah, God is known; His name is great in Israel!

PEOPLE: Pray and make your vows before the Lord our God!

READER: Pray and make your vows.

PEOPLE: Before the Lord our God!

ALLELUIA VERSES—TONE 8

Come let us rejoice in the Lord! Let us make a joyful noise to God our Savior!

Let us come before His face with thanksgiving; let us make a joyful noise to Him with psalms.

A DC airport ticket agent offers some examples of 'why' our country is in trouble!

1. I had a New Hampshire Congresswoman (Carol Shea-Porter) ask for an aisle seat so that her hair wouldn't get messed up by being near the window. (On an airplane!)
2. I got a call from a Kansas Congressman's (Moore) staffer (Howard Bauleke), who wanted to go to Capetown. I started to explain the length of the flight and the passport information, and then he interrupted me with, "I'm not trying to make you look stupid, but Capetown is in Massachusetts." Without trying to make him look stupid, I calmly explained, "Cape Cod is in Massachusetts, Capetown is in Africa " His response -- click.
3. A senior Vermont Congressman (Bernie Sanders) called, furious about a Florida package we did. I asked what was wrong with the vacation in Orlando . He said he was expecting an ocean-view room. I tried to explain that's not possible, since Orlando is in the middle of the state. He replied, 'Don't lie to me, I looked on the map and Florida is a very thin state!' (OMG)
4. I got a call from a lawmaker's wife (Landra Reid) who asked, "Is it possible to see England from Canada?" I said, "No." She said, "But they look so close on the map." (OMG, again!)

5. An aide for a cabinet member (Janet Napolitano) once called and asked if he could rent a car in Dallas. I pulled up the reservation and noticed he had only a 1-hour layover in Dallas. When I asked him why he wanted to rent a car, he said, "I heard Dallas was a big airport, and we will need a car to drive between gates to save time." (Aghhhh)

6. An Illinois Congresswoman (Jan Schakowsky) called last week. She needed to know how it was possible that her flight from Detroit left at 8:30 a.m., and got to Chicago at 8:33 a.m. I explained that Michigan was an hour ahead of Illinois, but she couldn't understand the concept of time zones. Finally, I told her the plane went fast, and she bought that.

7. A New York lawmaker, (Jerrold Nadler) called and asked, "Do airlines put your physical description on your bag so they know whose luggage belongs to whom?" I said, 'No, why do you ask?' He replied, "Well, when I checked in with the airline, they put a tag on my luggage that said (FAT), and I'm overweight. I think that's very rude!" After putting him on hold for a minute, while I looked into it. (I was dying laughing). I came back and explained the city code for Fresno, CA is (FAT - Fresno Air Terminal), and the airline was just putting a destination tag on his luggage.

8. A Senator John Kerry aide (Lindsay Ross) called to inquire about a trip package to Hawaii. After going over all the cost info, she asked, "Would it be cheaper to fly to California and then take the train to Hawaii?"

9. I just got off the phone with a freshman Congressman, Bobby Bright from AL who asked, "How do I know which plane to get on?" I asked him what exactly he meant, to which he replied, "I was told my flight number is 823, but none of these planes have numbers on them."

10. Senator Dianne Feinstein called and said, "I need to fly to Pepsi-Cola, Florida. Do I have to get on one of those little computer planes?" I asked if she meant fly to Pensacola, FL on a commuter plane. She said, "Yeah, whatever, smarty!"

11. Mary Landrieu, LA Senator, called and had a question about the documents she needed in order to fly to China. After a lengthy discussion about passports, I reminded her that she needed a visa. 'Oh, no I don't. I've been to China many times and never had to have one of those.' I double checked and sure enough, her stay required a visa. When I told her

this she said, "Look, I've been to China four times and every time they have accepted my American Express!"

12. A New Jersey Congressman (John Adler) called to make reservations, "I want to go from Chicago to Rhino, New York." I was at a loss for words. Finally, I said, "Are you sure that's the name of the town?" "Yes, what flights do you have?" replied the man. After some searching, I came back with, "I'm sorry, sir, I've looked up every airport code in the country and can't find a Rhino anywhere." The man retorted, "Oh, don't be silly! Everyone knows where it is. Check your map!" So I scoured a map of the state of New York and finally offered, "You don't mean Buffalo, do you?" The reply? "Whatever! I knew it was a big animal."

Now you know why the Government is in the shape that it's in!

From the sayings of Abba Theodore of Pherme: "The man who remains standing when he repents has not kept the commandment."

1/2 boy 1/2 man—via e-mail from Mike Holupka

The average age of the military man is 19 years. He is a short haired, tight-muscled kid who, under normal circumstances is considered by society as half man, half boy. Not yet dry behind the ears, not old enough to buy a beer, but old enough to die for his country. He never really cared much for work and he would rather wax his own car than wash his father's, but he has never collected unemployment either.

He's a recent High School graduate; he was probably an average student, pursued some form of sport activities, drives a ten year old jalopy, and has a steady girlfriend that either broke up with him when he left, or swears to be waiting when he returns from half a world away. He listens to rock and roll or hip-hop or rap or jazz or swing and a 155mm howitzer.

He is 10 or 15 pounds lighter now than when he was at home because he is working or fighting from before dawn to well after dusk. He has trouble spelling, thus letter writing is a pain for him, but he can field strip a rifle in 30 seconds and reassemble it in less time in the dark. He can recite to you the nomenclature of a machine gun or grenade launcher and use either one effectively if he must.

He digs foxholes and latrines and can apply first aid like a professional.

He can march until he is told to stop, or stop until he is told to march.

He obeys orders instantly and without hesitation, but he is not without spirit or individual dignity. He is self-sufficient.

He has two sets of fatigues: he washes one and wears the other. He keeps his canteens full and his feet dry.

He sometimes forgets to brush his teeth, but never to clean his rifle. He can cook his own meals, mend his own clothes, and fix his own hurts.

If you're thirsty, he'll share his water with you; if you are hungry, his food. He'll even split his ammunition with you in the midst of battle when you run low.

He has learned to use his hands like weapons and weapons like they were his hands.

He can save your life - or take it, because that is his job.

He will often do twice the work of a civilian, draw half the pay, and still find ironic humor in it all.

He has seen more suffering and death than he should have in his short lifetime.

He has wept in public and in private, for friends who have fallen in combat and is unashamed.

He feels every note of the National Anthem vibrate through his body while at rigid attention, while tempering the burning desire to 'square-away' those around him who haven't bothered to stand, remove their hat, or even stop talking.

In an odd twist, day in and day out, far from home, he defends their right to be disrespectful.

Just as did his Father, Grandfather, and Great-grandfather, he is paying the price for our freedom. Beardless or not, he is not a boy. He is the American Fighting Man that has kept this country free for over 200 years.

He has asked nothing in return, except our friendship and understanding. Remember him, always, for he has earned our respect and admiration with his blood.

And now we even have women over there in danger, doing their part in this tradition of going to War when our nation calls us to do so.

As you go to bed tonight, remember this shot: A short lull, a little shade and a picture of loved ones in their helmets.

Prayer wheel for our military...please don't break it. Please send this on after a short prayer.

Prayer Wheel

'Lord, hold our troops in your loving hands. Protect them as they protect us. Bless them and their families for the selfless acts they perform for us in our time of need. Amen.'

When you receive this, please stop for a moment and say a prayer for our ground troops in Afghanistan, sailors on ships, and airmen in the air, and for those in Iraq, Afghanistan and all foreign countries.

Of all the gifts you could give a US Soldier, Sailor, Coastguardsman, Marine, or Airman, prayer is the very best one.

You Could Have Heard a Pin Drop

JFK's Secretary of State, Dean Rusk, was in France in the early 60's when DeGaulle decided to pull out of NATO. DeGaulle said he wanted all US military out of France as soon as possible.

Rusk responded "Does that include those who are buried here?"

DeGaulle did not respond.

You could have heard a pin drop

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When in England, at a fairly large conference, Colin Powell was asked by the Archbishop of Canterbury if our plans for Iraq were just an example of empire building by George Bush.

He answered by saying, 'Over the years, the United States has sent many of its fine young men and women into great peril to fight for freedom beyond our borders. The only amount of land we have ever asked for in return is enough to bury those that did not return.'

**You could have heard a pin drop.**



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There was a conference in France where a number of international engineers were taking part, including French and American. During a break, one of the French engineers came back into the room saying 'Have you heard the latest dumb stunt Bush has done? He has sent an aircraft carrier to Indonesia to help the tsunami victims. What does he intended to do, bomb them?'

A Boeing engineer stood up and replied quietly: 'Our carriers have three hospitals on board that can treat several hundred people; they are nuclear powered and can supply emergency electrical power to shore facilities; they have three cafeterias with the capacity to feed 3,000 people three meals a day, they can produce several thousand gallons of fresh water from sea water each day, and they carry half a dozen helicopters for use in transporting victims and injured to and from their flight deck. We have eleven such ships; how many does France have?'

You could have heard a pin drop.

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A U.S. Navy Admiral was attending a naval conference that included Admirals from the U.S., English, Canadian, Australian, and French Navies. At a cocktail reception, he found himself standing with a large group of Officers that included personnel from most of those countries. Everyone was chatting away in English as they sipped their drinks but a French admiral suddenly complained that, whereas Europeans learn many languages, Americans learn only English. He then asked, 'Why is it that we always have to speak English in these conferences rather than speaking French?'

Without hesitating, the American Admiral replied, 'Maybe it's because the Brits, Canadians, Aussies and Americans arranged it so you wouldn't have to speak German.'

**You could have heard a pin drop.**

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AND THIS STORY FITS RIGHT IN WITH THE ABOVE...

Robert Whiting, an elderly gentleman of 83, arrived in Paris by plane. At French Customs, he took a few minutes to locate his passport in his carry on. "You have been to France before, monsieur?" the customs officer asked sarcastically.

Mr. Whiting admitted that he had been to France previously.

"Then you should know enough to have your passport ready."

The American said, 'The last time I was here, I didn't have to show it.'

"Impossible. Americans always have to show your passports on arrival in France!"

The American senior gave the Frenchman a long hard look. Then he quietly explained, "Well, when I came ashore at Omaha Beach on D-Day in 1944 to help liberate this country, I couldn't find a single Frenchmen to show a passport to."

You could have heard a pin drop.

If you need a good laugh, try reading through these children's science exam answers...

Q: Name the four seasons.

A: Salt, pepper, mustard and vinegar.

Q: Explain one of the processes by which water can be made safe to drink.

A: Flirtation makes water safe to drink because it removes large pollutants like grit, sand, dead sheep, and canoeists.

Q: How is dew formed?

A: The sun shines down on the leaves and makes them perspire.

Q: How can you delay milk turning sour? (Brilliant, love this!)

A: Keep it in the cow.

Q: What causes the tides in the oceans?

A: The tides are a fight between the Earth and the Moon. All water tends to flow towards the moon, because there is no water on the moon, and nature hates a vacuum. I forget where the sun joins in this fight.

Q: What are steroids?

A: Things for keeping carpets still on the stairs...

Q: What happens to your body as you age?

A: When you get old, so do your bowels and you get intercontinental

Q: What happens to a boy when he reaches puberty?

A: He says good-bye to his boyhood and looks forward to his adultery. (The kid gets an A+ for this answer!)

Q: Name a major disease associated with cigarettes.

A: Premature death.

Q: How are the main parts of the body categorized? (e.g., abdomen)

A: The body is consisted into three parts—the brainium, the borax, and the abdominal cavity. The brainium contains the brain; the borax contains the heart and lungs, and the abdominal cavity contains the five bowels A, E, I, O, and U.

Q: What is the fibula?

A: A small lie.

Q: What does 'varicose' mean? (I do love this one...)

A: Nearby.

Q: Give the meaning of the term 'Caesarian Section.'

A: The Caesarian Section is a district in Rome.

Q: What does the word 'benign' mean?

A: Benign is what you will be after you be eight

St. John of Damascus:

"Prayer is the lifting up of the mind to God."

REMINDER: We are still updating information for our Parish Directory. See Alex downstairs after Divine Liturgy to correct any errors in the information we presently have. Most important is an emergency contact number—we would also love to have e-mail addresses if you have one! See Alex, Pani Gina, or Father Bob with any questions.