



Holy Ghost Orthodox Church

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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Constantine, Patriarch Pavle, Bishop Robert, Father Peter Natishan, Father Gerald Olszewski, Father Jakiw Norton, Father Dragan Filipović, Father Elias Katras, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Charles Mezzomo, Father Anthony Dimitri, Father Cuthbert Jack, Evelyn Burlack, Joshua Agosto and his family, Harley Katarina Rahuba, Mike and Hilda Holupka, Eva Malesnick, Helen Likar, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Maria Balo, Linda Mechtly, Mary Mochnick, Mildred Manolovich, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Glen Lucas Burlack, Bernie Vangrin, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Cameron [a boy in Matt's class], Faith—a 7-year-old girl with rheumatoid arthritis, Isabella Olivia Lindgren—a 3-year-old with a brain tumor, Dillon, Ethel Thomas, Donna, Nick Malec [Maxine's brother], Erin, Jim Markovich, Jeff Walewski [thyroid cancer], Carol [Lotinski] Rose, Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Gary Zurasky, Michael Horvath, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Jim Logue—throat cancer, Liz Stumpf, Ester Tylavsky, Ed Jamison, Theodore Nixon, Charles Johnson, Amy Forbeck, Michelle Corba Kapeluck, Gloria Prymak [Liz's niece], Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, Sabrina, George & Mika Rocknage, Elizabeth Mitchell, Robert McKivitz, Marjorie Pershing, Tom Marriott, Joe Farkas, Liz Obradovich, Liz, Halyna Zelinska [Bishop Daniel's mother], Mary Ann, Charlotte, Peter Natishan, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Brandi Thomas, Eleanor Kelly, Bryan, Peter Special, Amy Boe, Doris Artman, Maureen Sams, Nancy Barylak, Shirley Tkacik, Carol Kowalcheck, Martin Golofski, Joe Pauncic, Anthony Yerace, Joanne Brodrick, Khrystyna Chorniy, Anthony Cormier [2-year-old with cancer], Diane Waryanka, Nathan Forbeck, Joseph Baloga, Andy Torick, Sarah Doyle, Carmella Berardesca, Samuel Peters, Jean Stutchell, Pearl Hanczar, Joe Pauncic, and Daria

Masur. ARNOLD: Stefania Lucci, Steve Sakal, Homer Paul Kline, and Steve Ostaffy. We pray that God will grant them all a speedy recovery.

Andy Torick is presently at Mercy Hospital in the rehabilitation section. He sends along his love, prayers, and especially thanks for all the kind words, cards, and prayers from all of our parishioners.

Please remember James John Logue George Senita, & John Kirkowski assigned to Iraq, Matthew Machak, Tonia Dec, Michael Repasky, and ALL American servicemen and women in the Middle East in your prayers. May God watch over them and all American servicemen and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR “BOXTOPS FOR EDUCATION” AND CAMPBELL’S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Alex’s Seventh Grade and Matt’s Fifth Grade collections.

THANK YOU ALL FOR YOUR HELP! Love, *Alex and Matt*

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please **CALL FATHER BOB** at [412] 279-5640.

Schedule of Services

Sunday, September 13 Divine Liturgy 10:30 AM

14TH SUNDAY AFTER PENTECOST

PLACING OF THE CINCTURE OF THE MOST HOLY THEOTOKOS, HIEROMARTYR CYPRIAN-BISHOP OF CARTHAGE, SAINT GENNADIUS-PATRIARCH OF CONSTANTINOPLE, SAINT GENNADIUS SCHOLARUS-PATRIARCH OF CONSTANTINOPLE, SAINT JOHN-METROPOLITAN OF KIEV

Tone 5

II Corinthians 1:21-2:4

Matthew 22:1-14

Parastas in Blessed Memory of Michael Holupka—Mike Holupka

Sunday, September 20 Divine Liturgy 10:30 AM

15TH SUNDAY AFTER PENTECOST

SUNDAY BEFORE THE EXALTATION OF THE MOST HOLY CROSS

FOREFEAST OF THE NATIVITY OF THE MOST HOLY THEOTOKOS, MARTYR SOZON OF CILICIA, APOSTLES EVODUS & ONESIPHORUS OF THE 70, MARTYR EUPSYCHIUS OF CAEASARAEA IN CAPPODOCIA, VENERABLE LUKE-ABBOT NEAR CONSTANTINOPLE, SAINT JOHN-ARCHBISHOP & WONDERWORKER OF NOVGOROD, VENERABLE SERAPION OF PSKOV, MARTYRDOM OF VENERABLE MACARIUS-ARCHIMANDRITE OF KANIV, SAINT CLAUDE-ABBOT-FOUNDER OF NOGENT-SUR-SEINE NEAR PARIS

Tone 6

Galatians 6:11-18

John 3:13-17

*Litany in Blessed Memory of David Yenni—40 Days—Fr. Bob
Parastas in Blessed Memory of Milos Pekich—Millie Kerr & Family*

Sunday, September 27

Divine Liturgy

10:30 AM

16TH SUNDAY AFTER PENTECOST

EXALTATION OF THE PRECIOUS AND LIFE-GIVING CROSS—STRICT FAST DAY
REPOSE OF SAINT JOHN CHRYSOSTOM, MARTYR PAPAS OF LYACONIA, BLESSED PLACILLA THE EMPRESS-WIFE OF
THEODOSIUS THE GREAT, NEW MARTYR MACARIUS OF THESSALONICA

Tone 7

I Corinthians 1:18-24

John 19:6-11, 13-20, 25-28, 30-35

Parastas in Blessed Memory of Tillie Kuzman—Debbie & John Paouncic

BULLETIN INSERT FOR 13 SEPTEMBER 2009

FOURTEENTH SUNDAY AFTER PENTECOST

**PLACING OF THE CINCTURE OF THE MOST HOLY THEOTOKOS,
HIEROMARTYR CYPRIAN-BISHOP OF CARTHAGE, SAINT GENNADIUS-
PATRIARCH OF CONSTANTINOPLE, SAINT GENNADIUS SCHOLARUS-
PATRIARCH OF CONSTANTINOPLE, SAINT JOHN-METROPOLITAN OF
KIEV**

TROPARION—TONE 5

Let the faithful praise and worship the Word,
Coeternal with the Father and the Spirit;
Born for our salvation from the Virgin;
For He willed to be lifted up on the Cross in the flesh,
To endure death,
And to raise the dead by His glorious Resurrection!

**Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,
and unto ages of ages. Amen.**

KONTAKION—TONE 5

Thou didst descend into Hell, O my Savior,
Shattering its gates as almighty;
Resurrecting the dead as Creator,
And destroying the sting of death.
Thou hast delivered Adam from the curse,
O Lover of Man,
And we all cry to Thee: O Lord, save us!

PROKEIMENON—TONE 5

READER: Thou, O Lord, shalt protect us and preserve us from this generation forever.

PEOPLE: Thou, O Lord, shalt protect us and preserve us from this generation forever.

READER: Save me, O Lord, for there is no longer any that is godly.

PEOPLE: Thou, O Lord, shalt protect us and preserve us from this generation forever.

READER: Thou, O Lord, shalt protect us and preserve us...

PEOPLE: From this generation forever.

ALLELUIA VERSES—TONE 5

I will sing of Thy mercies, O Lord, forever; with my mouth I will proclaim Thy truth from generation to generation.

Thou hast said: Mercy will be established forever, and my truth will be prepared in the heavens.

Prot. No. 862

+ B A R T H O L O M E W

**BY THE MERCY OF GOD ARCHBISHOP
OF CONSTANTINOPLE, NEW ROME AND
ECUMENICAL PATRIARCH
TO THE PLENITUDE OF THE CHURCH**

**GRACE AND PEACE
FROM THE CREATOR OF THE ENTIRE UNIVERSE
OUR LORD, GOD AND SAVIOUR JESUS CHRIST**

*** * ***

As we come again to the changing of the Church year, we reflect once more on the state of God's creation. We think about the past and repent for all that we have done or failed to do for the earth's care; we look to the future and pray for wisdom to guide us in all that we think or do.

These last twelve months have been a time of great uncertainty for the whole world. The financial systems that so many people trusted to bring them the good things of life, have brought instead fear, uncertainty and poverty. Our globalized economy has meant that everyone - even the poorest who are far removed from the dealings of big business - has been affected.

The present crisis offers an opportunity for us to deal with the problems in a different way, because the methods that created these problems cannot provide their best solution. We need to bring love into all our dealings, the love that

inspires courage and compassion. Human progress is not just the accumulation of wealth and the thoughtless consumption of the earth's resources. The way that the present crisis has been dealt with has revealed the values of the few who are shaping the destiny of our society; of those who can find vast sums of money to support the financial system that has betrayed them, but are not willing to allot even the least portion of that money to remedy the piteous state the creation has been reduced to because of these very values, or for feeding the hungry of the world, or for securing safe drinking water for the thirsty, who are also victims of those values. On the face of every hungry child is written a question for us, and we must not turn away to avoid the answer. Why has this happened? Is it a problem of human inability or of human will?

We have rendered the Market the center of our interest, our activities and, finally, of our life, forgetting that this choice of ours will affect the lives of future generations, limiting the number of their choices that would probably be more oriented towards the well-being of man as well as the creation. Our human economy, which has made us consumers, is failing. The divine economy, which has made us in the image of the loving Creator, calls us to love and care for all creation. The image we have of ourselves is reflected in the way we treat the creation. If we believe that we are no more than consumers, then we shall seek fulfillment in consuming the whole earth; but if we believe we are made in the image of God, we shall act with care and compassion, striving to become what we are created to be.

Let us pray for God's blessing on the United Nations Climate Change Conference in Copenhagen in December, so that the industrially developed countries may cooperate with developing countries in reducing harmful polluting emissions, that there may exist the will to raise and manage wisely the funds required for the necessary measures, and that all may work together to ensure that our children enjoy the goods of the earth that we leave behind for them. There must be justice and love in all aspects of economic activity; profit and especially short-term profit cannot and should not be the sole motive of our actions.

Let us all renew our commitment to work together and bring about the changes we pray for, to reject everything that is harming the creation, to alter the way we think and thus drastically to alter the way we live.

a word from the desert

We came to the Thebaid, and at the city of Antinoe we visited Phebamon the Sophist for the benefit of his words. He told us that in the district around Hermopolis there had been a brigand whose name was David. He had rendered many people destitute, murdered many and committed every kind of evil deed; more so that any other man, one might say. One day, while he was still engaged in brigandage on the mountain, together with a band of more than thirty, he

came to his senses, conscience-stricken by his evil deeds. He left all those who were with him and went to a monastery. He knocked at the monastery gate. The porter came out and asked him what he wanted. The robber-chief replied that he wanted to become a monk, so the porter went inside and told the abbot about him. The abbot came out and, when he saw that the man was advanced in age, he said to him, "You cannot stay here, for the brethren labor very hard. They practice great austerity. Your temperament is different from ours and you could not tolerate the rule of the monastery." But the brigand insisted that he could tolerate these things, if only the abbot would accept him. But the abbot was persistent in his conviction that the man would not be able.

Then the robber-chief said to the abbot, "Know, then, that I am David the robber-chief; and the reason why I came here was that I might weep for my sins. If you do not accept me, I swear to you and before Him who dwells in heaven that I will return to my former way of life. I will bring those who were with me, kill you all and even destroy your monastery." When the abbot heard this, he received him into the monastery, tonsured him and gave him the holy habit. Thus he began the spiritual combat and he exceeded all the other members of the monastery in self-control, obedience, and humility. There were about seventy persons in that monastery; he benefited them all, providing them with an example.

One day when he was sitting in his cell, an angel of the Lord appeared to him, saying, "David, David; the Lord has pardoned your sins and, from this time on, you shall perform miraculous signs." David replied to the angel, "I cannot believe that in so short a time God has forgiven me all my sins, which are heavier than the sand of the sea." The angel said to him, "I did not spare Zachariah the priest when he refused to believe me concerning his son. (Lk. 1:20) I imprisoned his tongue to teach him not to doubt what I said; how then should I spare you? You shall be totally incapable of speech from this time onwards." Abba David prostrated himself before the angel and said, "When I was in the world, committing abominable acts and shedding blood, I had the gift of speech. Will you deprive me of it by imprisoning my tongue, now that I wish to serve God and offer up hymns of praise to Him?" The angel replied, "You will only be able to speak during the services. At all other times you shall be completely silent" - and that is how it was. He sang the psalms, but he could say no other word, big or little. The one who told us these things said, "I saw him many times and I glorified God."

John Moschus, Leimonarion (The Spiritual Meadow) 143

Saint Sylvester Roman Catholic Church has set its Fall Tea for **next Sunday**, September 20, 2009, beginning at 12:30 PM. There will be Basket Raffles, food, refreshments, and LOTS of door prizes. Advanced

Tickets Only. Adults—\$10.00, ages 6-12—\$7.00. Hat and gloves are optional. If you have any questions, please call Bridget at 724-468-4094.

REMINDER: We are still updating information for our Parish Directory. See Alex downstairs after Divine Liturgy to correct any errors in the information we presently have. Most important is an emergency contact number—we would also love to have e-mail addresses if you have one! See Alex, Pani Gina, or Father Bob with any questions.

If you wake up looking like this,



don't go ANYWHERE!

Being a Grandparent...

1. She was in the bathroom, putting on her makeup, under the watchful eyes of her young granddaughter, as she'd done many times before. After she applied her lipstick and started to leave, the little one said, 'But Gramma, you forgot to kiss the toilet paper good-bye!' I will probably never put lipstick on again without thinking about kissing the toilet paper good-bye!!

2. My young grandson called the other day to wish me Happy Birthday. He asked me how old I was, and I told him, '62.' He was quiet for a moment, and then he asked, 'Did you start at 1?'
3. After putting her grandchildren to bed, a grandmother changed into old slacks and a droopy blouse and proceeded to wash her hair. As she heard the children getting more and more rambunctious, her patience grew thin. Finally, she threw a towel around her head and stormed into their room, putting them back to bed with stern warnings. As she left the room, she heard the three-year-old say with a trembling voice, 'Who was THAT?'
4. A grandmother was telling her little granddaughter what Her own childhood was like: 'We used to skate outside on a pond. I had a swing made from a tire; it hung from a tree in our front yard. We rode our pony. We picked wild raspberries in the woods.' The little girl was wide-eyed, taking this all in. At last she said, 'I sure wish I'd gotten to know you sooner!'
- 5.. My grandson was visiting one day when he asked, 'Grandma, do you know how you and God are alike?' I mentally polished my halo and I said, 'No, how are we alike?' 'You're both old,' he replied.
6. A little girl was diligently pounding away on her grandfather's' word processor. She told him she was writing a story. 'What's it about?' he asked. 'I don't know,' she replied. 'I can't read.'
7. I didn't know if my granddaughter had learned her colors yet, so I decided to test her. I would point out something and ask what color it was. She would tell me and was always correct. It was fun for me, so I continued. At last she headed for the door, saying, 'Grandma, I think you should try to figure out some of these yourself!'
8. When my grandson Melvin and I entered our vacation cabin, we kept the lights off until we were inside to keep from attracting pesky insects. Still, a few fireflies followed us in. Noticing them before I did, Billy whispered, 'It's no use Grandpa. Now the mosquitoes are coming after us with flashlights.'
9. When my grandson asked me how old I was, I teasingly replied, 'I'm not sure.' 'Look in your underwear, Grandpa,' he advised. 'Mine says I'm four to six.'
10. A second grader came home from school and said to her grandmother, 'Grandma, guess what? We learned how to make babies today.' The grandmother, more than a little surprised, tried to keep her cool. 'That's interesting,' she said, 'how do you make babies?' 'It's simple,' replied the girl. 'You just change 'y' to 'I and add 'es.'

11. Children's Logic: 'Give me a sentence about a public servant,' said a teacher. The small boy wrote: 'The fireman came down the ladder pregnant.' The teacher took the lad aside to correct him. 'Don't you know what pregnant means?' she asked. 'Sure,' said the young boy confidently. 'It means carrying a child.'

12. A nursery school teacher was delivering a station wagon full of kids home one day when a fire truck zoomed past. Sitting in the front seat of the truck was a Dalmatian dog. The children started discussing the dog's duties. 'They use him to keep crowds back,' said one child. 'No,' said another, 'He's just for good luck .' A third child brought the argument to a close. 'They use the dogs,' she said firmly, 'to find the fire hydrants!'

WHAT IS A GRANDPARENT?

(Taken from papers written by a class of 8-year-olds)

Grandparents are a lady and a man who have no little children of their own. They like other people's.

A grandfather is a man and a grandmother is a lady!

Grandparents don't have to do anything except be there when we come to see them. They are so old they shouldn't play hard or run. It is good if they drive us to the shops and give us money.

When they take us for walks, they slow down past things like pretty leaves and caterpillars.

They show us and talk to us about the colors of the flowers and also why we shouldn't step on 'cracks.'

They don't say, 'Hurry up.'

Usually grandmothers are fat but not too fat to tie your shoes.

They wear glasses and funny underwear.

They can take their teeth and gums out.

Grandparents don't have to be smart.

They have to answer questions like 'Why isn't God married?' and 'How come dogs chase cats?'

When they read to us, they don't skip. They don't mind if we ask for the same story over again.

Everybody should try to have a grandmother, especially if you don't have television because they are the only grownups who like to spend time with us.

They know we should have snack time before bed time, and they say prayers with us and kiss us even when we've acted bad.

A 6-YEAR-OLD WAS ASKED WHERE HIS GRANDMA LIVED. "OH," HE SAID, "SHE LIVES AT THE AIRPORT, AND WHEN WE WANT HER, WE JUST GO GET HER. THEN WHEN WE'RE DONE HAVING HER VISIT, WE TAKE HER BACK TO THE AIRPORT." (My favorite)!

GRANDPA IS THE SMARTEST MAN ON EARTH! HE TEACHES ME GOOD THINGS, BUT I DON'T GET TO SEE HIM ENOUGH TO GET AS SMART AS HIM!

It's funny when they bend over; you hear gas leaks, and they blame their dog.

Ever wonder about the abbreviation A.S.A.P.? Generally we think of it in terms of even more hurry and stress in our lives. Maybe if we think of this abbreviation in a different manner, we will begin to find a new way to deal with those rough days along the way.

There's work to do, deadlines to meet;
You've got no time to spare,
But as you hurry and scurry-
ASAP - ALWAYS SAY A PRAYER

In the midst of family chaos,
'Quality time' is rare.
Do your best; let God do the rest-
ASAP - ALWAYS SAY A PRAYER.

It may seem like your worries
Are more than you can bear.
Slow down and take a breather-
ASAP - ALWAYS SAY A PRAYER

God knows how stressful life is;
He wants to ease our cares,
And He'll respond to all your needs

A.S.A.P. - ALWAYS SAY A PRAYER.

God bless and have a wonderful day!

Ortho Thought for the Day (from Unseen Warfare)

...after learning what constitutes Christian perfection and realizing that to achieve it you must wage a constant cruel war with yourself, if you really desire to be victorious in this unseen warfare and be rewarded with a crown, you must plant in your heart the following four dispositions and spiritual activities, as in it you are arming yourself with invisible weapons, the most trustworthy and unconquerable of all, namely:

- 1) never rely on yourself in anything
- 2) bear always in your heart a perfect and all-daring trust in God alone
- 3) strive without ceasing
- 4) remain constantly in prayer