

Holy Ghost Orthodox Church 714 Westmoreland Avenue PO Box 3 Slickville, PA 15684-0003 [724] 468-5581

www.holyghostorthodoxchurch.org Rev. Father Robert Popichak, Pastor 23 Station Street Carnegie, PA 15106-3014

> [412] 279-5640 home [412] 956-6626 cell

DORMITION FAST

ON THE MEND: Please keep the following parishioners and others in your pravers for recovery from their illnesses and injuries: Metropolitan Constantine, Patriarch Pavle, Bishop Robert, Father Peter Natishan, Father Gerald Olszewski, Father Jakiw Norton, Father Dragan Filipović, Father Elias Katras, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Charles Mezzomo, Father Anthony Dimitri, Father Cuthbert Jack, Evelyn Burlack, Joshua Agosto and his family, Harley Katarina Rahuba, Mike and Hilda Holupka, Eva Malesnick, Helen Likar, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Maria Balo, Linda Mechtly, Mary Mochnick, Mildred Manolovich, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Glen Lucas Burlack, Bernie Vangrin, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Cameron [a boy in Matt's class], Faith-a 7-year-old girl with rheumatoid arthritis, Isabella Olivia Lindgren-a 3-year-old with a brain tumor, Dillon, Ethel Thomas, Donna, Nick Malec [Maxine's brother], Erin, Jim Markovich, Jeff Walewski [thyroid cancer], Carol [Lotinski] Rose, Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Gary Zurasky, Michael Horvath, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Jim Logue-throat cancer, Liz Stumpf, Ester Tylavsky, Ed Jamison, Theodore Nixon, Charles Johnson, Amy Forbeck, Michelle Corba Kapeluck, Gloria Prymak [Liz's niece], Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, Sabrina, George & Mika Rocknage, Elizabeth Mitchell, Robert McKivitz, Marjorie Pershing, Tom Marriott, Joe Farkas, Liz Obradovich, Liz, Halyna Zelinska [Bishop Daniel's mother], Mary Ann, Charlotte, Peter Natishan, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Brandi Thomas, Eleanor Kelly, Bryan, Peter Special, Amy Boe, Doris Artman, Maureen Sams, Nancy Barylak, Shirley Tkacik, Carol Kowalcheck, Martin Golofski, Joe Paouncic, Anthony Yerace, Joanne Brodrick, Khrystyna Chorniy, Anthony Cormier [2-year-old with cancer], Diane Waryanka, Nathan

Forbeck, Joseph Baloga, Andy Torick, Sarah Doyle, Carmella Berardesca, Samuel Peters, Jean Stutchell, Pearl Hanczar, Joe Paouncic, and Daria Masur. ARNOLD: Stefania Lucci, Steve Sakal, Homer Paul Kline, and Steve Ostaffy. We pray that God will grant them all a speedy recovery.

Please remember James John Logue George Senita, & John Kirkowski assigned to Iraq, Matthew Machak, Tonia Dec, Michael Repasky, and ALL American servicemen and women in the Middle East in your prayers. May God watch over them and all American servicemen and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR "BOXTOPS FOR EDUCATION" AND CAMPBELL'S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Alex's Seventh Grade and Matt's Fifth Grade collections. THANK YOU ALL FOR YOUR HELP! Love, ALEX AND MATT

REMEMBER—PRAYERS ARE <u>ALWAYS</u> <u>FREE!</u>

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please **CALL FATHER BOB** at [412] 279-5640.

	~	
	Schedule of Services	
Sunday, August 09	Divine Liturgy	10:30 AM
Sunday, nagast of	9 TH SUNDAY AFTER PENTECOS	
HOLY GREAT-MARTYR & HEALER PANTELEIMON, VENERABLE ANTHUSA-ABESS OF MANTINEA IN ASIA MINOR, HOLY		
EQUAL-TO-THE-APOSTLES CLEMENT OF OCHRID & SAINTS ANGELAR, GORAZD, NAHUM, & SABBAS-DISCIPLES OF		
SAINTS CYRIL & METHODIUS, BLESSED NICHOLAS OF KOCHANOV-FOOL-FOR-CHRIST		
Tone 8		
I Corinthians 3:9-17		
Matthew 14:22-34		
Parastas in Blessed Memory of Claudia Horvath—Mike Horvath		
Friday, August 14 DORMITION FAST BEGINS!		
Filday, August 14 DORMITION FAST BEGINS:		
Sunday, August 16	Divine Liturgy	10:30 AM
10 TH SUNDAY AFTER PENTECOST		
VENERABLE ISAAC, DALMATUS, & FAUSTUS-ASCETICS OF THE DALMATIAN MONASTERY AT CONSTANTINOPLE,		
VENERABLE COSMAS-EUNUCH AND HERMIT OF PALESTINE, VENERABLE ANTHONY THE ROMAN-ABBOT OF		
NOVGOROD & WONDERWORKER, HOLY MYRRH-BEARER SALOME, MARTYR RAZHDEN OF GEORGIA		
Tone 1		
I Corinthians 4:9-16		
Matthew 17:14-23		
Litany in Blessed Memory of Walter BurlackEvelyn		
Parastas in Blessed Memory of Steve Kuzman & Victor Burlack—Debbie & John Paouncic		
Wednesday, August 19	TRANSFIGURATION OF OUR LO	ORD AND SAVIOR JESUS CHRIST

Sunday, August 23 Divine Liturgy 10:30 AM 11TH SUNDAY AFTER PENTECOST AFTERFEAST OF THE TRANSFIGURATION, HOLY MARTYR & ARCHDEACON LAWRENCE, HIEROMARTYR SIXTUS-POPE & MARTYRS FELICISSIMUS & AGAPITUS-DEACONS, AND ROMANUS-SOLDIER-OF ROME, BLESSED LAWRENCE-FOOL-FOR-CHRIST OF KALUGA Tone 2 I Corinthians 9:2-12 Matthew 18:23-35 Litany in Blessed Memory of Sophie Carrera—40 days—Fr. Bob Parastas in Blessed Memory of Rae Ruth Batch—Harry Batch

BULLETIN INSERT FOR 09 AUGUST 2009 NINTH SUNDAY AFTER PENTECOST HOLY GREAT-MARTYR & HEALER PANTELEIMON, VENERABLE ANTHUSA-ABBESS OF MANTINEA IN ASIA MINOR, HOLY EQUAL-TO-THE-APOSTLES CLEMENT OF OCHRID & SAINTS ANGELAR, GORAZD, NAHUM, & SABBAS-DISCIPLES OF SAINTS CYRIL & METHODIUS, BLESSED NICHOLAS OF KOCHANOV-FOOL-FOR-CHRIST

TROPARION—TONE 8

Thou didst descent from on high, O Merciful One! Thou didst accept the three-day burial to free us from our sufferings! Our Lord, our Life and Resurrection, Glory to Thee

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

KONTAKION—TONE 8

By rising from the tomb, Thou didst raise the dead and resurrect Adam. Eve exults in Thy Resurrection, And the world celebrates Thy Rising from the dead, O greatly Merciful One!

PROKEIMENON—TONE 8

READER: Pray and make your vows before the Lord our God!
PEOPLE: Pray and make your vows before the Lord our God!
READER: In Judah, God is known; His name is great in Israel!
PEOPLE: Pray and make your vows before the Lord our God!
READER: Pray and make your vows.
PEOPLE: Before the Lord our God!

ALLELUIA VERSES—TONE 8

Come let us rejoice in the Lord! Let us make a joyful noise to God our Savior!

Let us come before His face with thanksgiving; let us make a joyful noise to Him with psalms.

The following was written by Ben Stein and recited by him on CBS Sunday Morning Commentary.

My confession:

I am a Jew, and every single one of my ancestors was Jewish. And it does not bother me even a little bit when people call those beautiful lit up, bejeweled trees, Christmas trees. I don't feel threatened. I don't feel discriminated against. That's what they are, Christmas trees.

It doesn't bother me a bit when people say, 'Merry Christmas' to me. I don't think they are slighting me or getting ready to put me in a ghetto. In fact, I kind of like it. It shows that we are all brothers and sisters celebrating this happy time of year. It doesn't bother me at all that there is a manger scene on display at a key intersection near my beach house in Malibu. If people want a crèche, it's just as fine with me as is the Menorah a few hundred yards away.

I don't like getting pushed around for being a Jew, and I don't think Christians like getting pushed around for being Christians. I think people who believe in God are sick and tired of getting pushed around, period. I have no idea where the concept came from, that America is an explicitly atheist country. I can't find it in the Constitution and I don't like it being shoved down my throat.

Or maybe I can put it another way: where did the idea come from that we should worship celebrities and we aren't allowed to worship God as we understand Him? I guess that's a sign that I'm getting old, too. But there are a lot of us who are wondering where these celebrities came from and where the America we knew went to.

Billy Graham's daughter was interviewed on the Early Show and Jane Clayson asked her 'How could God let something like this happen?' (regarding Hurricane Katrina). Anne Graham gave an extremely profound and insightful response. She said, 'I believe God is deeply saddened by this, just as we are, but for years we've been telling God to get out of our schools, to get out of our government and to get out of our lives. And being the gentleman He is, I believe He has calmly backed out. How can we expect God to give us His blessing and His protection if we demand He leave us alone?'

In light of recent events.... terrorists attack, school shootings, etc. I think it started when Madeleine Murray O'Hare (she was murdered, her body found a few years ago) complained she didn't want prayer in our schools, and we said OK. Then someone said you better not read the Bible in school. The Bible says thou shalt not kill; thou shalt not steal, and love your neighbor as yourself. And we said OK.

Then Dr. Benjamin Spock said we shouldn't spank our children when they misbehave, because their little personalities would be warped and we might damage their self-esteem (Dr. Spock's son committed suicide). We said an expert should know what he's talking about. And we said okay.

Now we're asking ourselves why our children have no conscience, why they don't know right from wrong, and why it doesn't bother them to kill strangers, their classmates, and themselves.

Probably, if we think about it long and hard enough, we can figure it out. I think it has a great deal to do with 'WE REAP WHAT WE SOW.'

Funny how simple it is for people to trash God and then wonder why the world's going to hell. Funny how we believe what the newspapers say, but question what the Bible says. Funny how you can send 'jokes' through e-mail and they spread like wildfire, but when you start sending messages regarding the Lord, people think twice about sharing. Funny how lewd, crude, vulgar, and obscene articles pass freely through cyberspace, but public discussion of God is suppressed in the school and workplace.

Are you laughing yet?

Funny how when you forward this message, you will not send it to many on your address list because you're not sure what they believe, or what they will think of you for sending it.

Funny how we can be more worried about what other people think of us than what God thinks of us.

Pass it on if you think it has merit.

If not, then just discard it...no one will know you did. But, if you discard this thought process, don't sit back and complain about what bad shape the world is in.

My Best Regards, Honestly and respectfully,

Ben Stein

A little girl asked her mother: 'How did the human race appear?' The mother answered, 'God made Adam and Eve; they had children; and so was all mankind made.' Two days later the girl asked her father the same question. The father answered, 'Many years ago there were monkeys from which the human race evolved.' The confused girl returned to her mother and said, 'Mum, how is it possible that you told me the human race was created by God, and Dad said they developed from monkeys?' The mother answered, 'Well, Dear, it is very simple. I told you about my side of the family, and your father told you about his.'

UPDATES:

Andy Torick is recovering after another round of surgery due to an infection. Although he indicated that he was not ready for visitors, he did tell Matt and me to pass on his greetings and love to everyone in our parish. He really misses church and the "downstairs discussions solving all the world's problems!" I'm sure he'd appreciate a card or note to cheer him up:

> Andy Torick 4100 Gun Club Road Murrysville, PA 15668-9103

His Beatitude, Metropolitan Constantine, was released from the hospital the last week of July and is recovering at his niece's home. He sends along thanks for all the prayers during his hospital stay and for his speedy recovery. He loves to get cards and notes from parish members in the Central Eparchy and I'm sure he'd appreciate one from our Slickville folks:

> His Beatitude Metropolitan Constantine 1803 Sidney Street Pittsburgh, PA 15203-1717

Jean Stuchell also recently had surgery and is having follow-up treatment. She gets to church as often as she can, but I'm sure she'd also appreciate a card or note to bring a smile to her face:

> Jean Stuchell 5244 Brinker Road Greensburg, PA 15601-8232

> > Why, Why, Why?

Why do we press harder on a remote control when we know the batteries are almost dead?

Why do banks charge a fee on 'insufficient funds' when they already know there is not enough money?

Why does someone believe you when you say there are four billion stars; but have to check when you say the paint is still wet?

Why doesn't Tarzan have a beard?

Why does Superman stop bullets with his chest, but ducks when you throw a revolver at him?

Why do Kamikaze pilots wear helmets?

Whose idea was it to put an 'S' in the word 'lisp'?

If people evolved from apes, why are there still apes?

Why is it that no matter what color bubble bath you use the bubbles are always white?

Is there ever a day that mattresses are not on sale?

Why do people constantly return to the refrigerator with hopes that something new to eat will have materialized?

Why do people keep running over a string a dozen times with their vacuum cleaner, then reach down, pick it up, examine it, then put it down to give the vacuum one more chance?

Why is it that no plastic bag will open from the end on your first try?

How do those dead bugs get into those enclosed light fixtures?

Why is it that whenever you attempt to catch something that's falling off the table you always manage to knock something else over?

In winter why do we try to keep the house as warm as it was in summer when we complained about the heat?

How come you never hear father-in-law jokes?

And my FAVORITE...

The statistics on sanity is that one out of every four persons is suffering from some sort of mental illness. Think of your three best friends—if they're okay, then it's you.

****A day without a smile is like a day without sunshine!****

St. Paul's Remains Found! Pope claims human remains belong to St Paul Fiona Winward in Rome—The Guardian, Monday 29 June 2009

Human remains found beneath the Vatican have been identified as belonging to St Paul, Pope Benedict XVI said, apparently laying to rest the mystery of a tomb first discovered in the city in 2006.

Archaeologists found material and fragments of bone dating to the first or second century AD inside the tomb at the basilica of St Paul Outside the Walls in Rome.

Vatican experts claim the tomb's position, underneath the epigraph Paulo Apostolo Mart (Paul the Apostle and Martyr), at the base of the main altar is proof that it belongs to the apostle.

The pope said the tomb had not been opened but that a probe inserted through a small hole had revealed traces of purple linen decorated with gold sequins, blue material and red incense grains as well as the remains. "Small fragments of bone were carbon dated by experts who knew nothing about their provenance and results showed they were from someone who lived between the first and second century," he said.

"This seems to confirm the unanimous and uncontested tradition that these are the mortal remains of Paul the apostle," he said, adding that the discovery "fills our souls with great emotion."

The pope made the announcement from the basilica as he celebrated the end of the Pauline year, which has marked the 2,000th anniversary of the apostle's birth. It also comes a day after Vatican archaeologists uncovered what they believe to be the oldest icon of St Paul in a Rome catacomb, dating to the late fourth century.

St Paul was a Roman Jew who converted to Christianity after he saw a light on the road to Damascus. His letters in the New Testament are considered highly influential in Christian thinking.

Tradition holds that Paul was beheaded by the Emperor Nero around AD 62-65 and buried in a vineyard over which the Emperor Constantine built a basilica in 324. St Paul Outside the Walls is the second biggest church in Rome after St Peter's.

Visit of His Beatitude Kyrill to the Church of Constantinople

Here is the text of the homily of His All Holiness Patriarch Bartholomew after celebrating the liturgy with His Beatitude Kyrill of Moscow in the Most Venerable Patriarchal Church of St. George in the Phanar:

http://www.facebook.com/l/;http://www.romfea.gr/index.php?option =com_content&task=view&id=2729&Itemid=2

Some Highlights:

Still fresh in our memory as an example of this strong will among our Churches, for the sake of securing at any cost the unity of our holy Orthodox Church, is the wonderful unanimity realized during the recent 4th Pre-Conciliar Pan-Orthodox Conference, which took place at our Patriarchal Center on Chambésy-Geneva, where important decisions were taken to resolve the guestion of the Orthodox Diaspora, thereby removing one of the more serious hurdles in the journey of our Orthodox Church for the realization of the Holy and Great Council, which was decided with Pan-Orthodox consent. We would like to take this opportunity, at this sacred moment, to express our satisfaction and gratitude for the constructive cooperation manifested during the same Conference by the Delegation of your Church, which together with the other Delegations of the sister Orthodox Churches contributed to the success of the Conference itself. Let us hope that a similar spirit of splendid cooperation will also mark the Inter-Orthodox Preparatory Commission that will convene next December, in order that we may prepare the remaining matters of the Holy and Great Council, which the world both within and outside of Orthodoxy, awaits with eagerness.

Beyond this, the burning and urgent problems of contemporary humankind rise before us, problems accentuated by our tendency toward self-love and hedonism,

which are unfortunately presented, cultivated and promoted by the modern world. These problems increase daily in contemporary societies; indeed, as a result of the existing trends of so-called globalization, they tend to assume ecumenical character. The worship of mammon, which led to the present financial crisis; the unjust distribution of wealth, which widens the gap and heightens the contrasts among social groups; wars and conflicts, which are followed by the oppression of the weak by the powerful, leading numerous people to the adventure of searching for a better destiny, far from their homeland; the rise of crime and every form of moral deviation and decline; all these have profound spiritual roots and oblige the Church of Christ to articulate a word and contribute, by means of all spiritual resources available, to cultivate a moral sensitivity within contemporary society

From the saying St. John Chrysostom

""The Cross, is wood which lifts us up and makes us great ... The Cross uprooted us from the depths of evil and elevated us to the summit of virtue.""

How is it that you read the Holy Scripture, yet do not understand the reason for your sorrow? *In the world ye shall have tribulation: but be of good cheer...*(Jn 16:33).

What becomes of a man without purifying tribulations? Think about it. I'll tell you another thing, dear _____, the time has come when people will only be saved by sorrows. So you should be bowing to the feet of every tribulation and kissing its hand.

But you, my little one, want joy without having cleansed your soul of the passions. Our passions do not allow Divine joy to touch our soul. Therefore, the desire to live joyfully, to seek joy, is an unlawful desire. You need to seek not joy, but that which cooperates with the salvation of your soul. You need to relate to work as an obedience, and have a professionalism which is on the proper level—never below average.

So may the Lord help you, and you yourself do not be lazy—labor to the glory of God.

When do you have time to sit in front of the television? You cannot be saved in any old way. The television is a seal through which godliness can hardly pass, and if it does, it does not dwell for long. But we go and place this seal on ourselves eagerly and lovingly So think about how you are going to live in the future. Time is short, we must not live slackly.

+Arch. John Krestiankin of the Pskov-Caves Monastery, Russia--letters to his spiritual children

"There is no Religious side to the Movement, the whole of it is based on religion, that is on the realization and service of God." Baden-Powell on the Scouting movement