



## **Holy Ghost Orthodox Church**

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## **FEAST OF THE HOLY APOSTLES—PETER AND PAUL**

**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Constantine, Patriarch Pavle, Bishop Robert, Father Peter Natishan, Father Gerald Olszewski, Father Jakiw Norton, Father Dragan Filipović, Father Elias Katras, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Charles Mezzomo, Father Anthony Dimitri, Father Cuthbert Jack, Evelyn Burlack, Joshua Agosto and his family, Harley Katarina Rahuba, Mike and Hilda Holupka, Eva Malesnick, Helen Likar, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Maria Balo, Linda Mechtly, Mary Mochnick, Mildred Manolovich, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Glen Lucas Burlack, Bernie Vangrin, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Cameron [a boy in Matt's class], Faith—a 7-year-old girl with rheumatoid arthritis, Isabella Olivia Lindgren—a 3-year-old with a brain tumor, Dillon, Ethel Thomas, Donna, Nick Malec [Maxine's brother], Erin, Jim Markovich, Jeff Walewski [thyroid cancer], Carol [Lotinski] Rose, Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Gary Zurasky, Michael Horvath, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Jim Logue—throat cancer, Liz Stumpf, Ester Tylavsky, Ed Jamison, Theodore Nixon, Charles Johnson, Amy Forbeck, Michelle Corba Kapeluck, Gloria Prymak [Liz's niece], Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, Sabrina, George & Mika Rocknage, Elizabeth Mitchell, Robert McKivitz, Marjorie Pershing, Tom Marriott, Joe Farkas, Liz Obradovich, Liz, Halyna Zelinska [Bishop Daniel's mother], Mary Ann, Charlotte, Peter Natishan, Michael Spak, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Brandi Thomas, Eleanor Kelly, Bryan, Peter Special, Amy Boe, Doris Artman, Maureen Sams, Nancy Barylak, Shirley Tkacik, Carol Kowalcheck, Martin Golofski, Joe Paouncic, Anthony Yerace, Joanne Brodrick, Khrystyna Chorniy, Anthony Cormier [2-year-old with cancer], Diane

Waryanka, Nathan Forbeck, Joseph Baloga, Andy Torick, Sarah Doyle, Sophie Carrera, Carmella Berardesca, Samuel Peters, Jean Stutchell, Pearl Hanczar, and Daria Masur. ARNOLD: Stefania Lucci, Steve Sakal, Homer Paul Kline, and Steve Ostaffy. We pray that God will grant them all a speedy recovery.

**HAPPY BIRTHDAY to our July babies:** Harry Batch on the 1<sup>st</sup>, Matthew Brunermer on the 15<sup>th</sup>, and Katrina Scott on the 25<sup>th</sup>. May God grant them all Many Happy, Healthy, Prosperous, and Blessed Years!

**THANK YOU!** Evelyn Burlack would like to publicly thank everyone who sent a card, called, visited, or said a prayer for Walt and for her during the past few months. You are all truly her extended family and she is extremely grateful for everything. **THANK YOU ALL and GOD BLESS YOU ALL!**

Please remember James John Logue George Senita, & John Kirkowski assigned to Iraq, Matthew Machak, Tonia Dec, Michael Repasky, and ALL American servicemen and women in the Middle East in your prayers. May God watch over them and all American servicemen and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR “BOXTOPS FOR EDUCATION” AND CAMPBELL’S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Alex’s Seventh Grade and Matt’s Fifth Grade collections. THANK YOU ALL FOR YOUR HELP! **Love, ALEX AND MATT**

REMEMBER—PRAYERS ARE ALWAYS FREE!

**Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.**

*AT ANY TIME*—if there is an emergency, if you have questions, or if you just need to talk, please **CALL FATHER BOB** at [412] 279-5640.

Schedule of Services

Sunday, July 12

Divine Liturgy

10:30 AM

5<sup>TH</sup> SUNDAY AFTER PENTECOST

FEAST OF THE HOLY, GLORIOUS, AND ALL-LAUDABLE APOSTLES—PETER AND PAUL

SAINT PETER-PRINCE OF THE TARTAR HORDE-WONDERWORKER OF ROSTOV, UNCOVERING OF THE RELICS OF SAINT NICANDER-MONK OF PSKOV

*Tone 4*

Romans 10:1-10, 2 Corinthians 11:21-12:9

Matthew 8:28-9:1, Matthew 16:13-19

*Litany in Blessed Memory of Anna Kitch, Olga Stock, Susan Justina Sredich, Igumen George [Owen], & Claudia Horvath—Fr. Bob*

*Parastas in Blessed Memory of Helen Pytlak—Darlene Santia*

Sunday, July 19

Divine Liturgy

10:30 AM

6<sup>TH</sup> SUNDAY AFTER PENTECOST

VENERABLE SISOES THE GREAT, VIRGIN-MARTYR LUCY & MARTYRS RIXIUS, ANTHONY, LUCIAN, ISIDORE, DION, DIODORUS, CUTONIUS, ARNOSUS, CAPICUS, SATYRUS, & OTHERS AT ROME, MARTYRS MARINUS & MARTHA & CHILDREN AUDIFAX & ABBACUM, CYRINUS, VALENTINUS-PRESBYTER, ASTERIUS, & THOSE WITH THEM AT ROME, MARTYR COINTUS OF PHRYGIA, MARTYRS ISAURUS THE DEACON, INNOCENT, FELIX, HERMIAS, BASIL, PEREGRINUS, RUFUS, & RUFINUS OF APOLLONIA IN MACEDONIA, UNCOVERING OF THE RELICS OF HOLY PRINCESS JULIANA OF OLSHANSK, VENERABLE SISOES OF PERCHEVSKY LAVRA

*Tone 5*

Romans 12:6-14

Matthew 9:1-8

*Litany in Blessed Memory of Walter Burlack—40 days—Fr. Bob*

*Parastas in Blessed Memory of Bernie O'Masta & Mary Johns—Betty O'Masta*

Sunday, July 26

Divine Liturgy

10:30 AM

7<sup>TH</sup> SUNDAY AFTER PENTECOST

COMMEMORATION OF THE HOLY FATHERS OF THE SIX ECUMENICAL COUNCILS  
SYNAXIS OF THE HOLY ARCHANGEL GABRIEL, VENERABLE STEPHEN OF SAINT SABBAS MONASTERY, MARTYR SERAPION, MARTYR MARCIAN OF ICONIUM, SAINT JULIAN-BISHOP OF LE MANS-GAUL, VIRGIN ABBESS SARAH OF SCETE IN LIBYA, ICON OF THE MOST HOLY THEOTOKOS "AXION ESTIN"—"IT IS TRULY MEET"

*Tone 5*

Romans 15:1-7

Matthew 9:27-35

## **BULLETIN INSERT FOR 12 JULY 2009**

**5<sup>TH</sup> SUNDAY AFTER PENTECOST**

**FEAST OF THE HOLY, GLORIOUS, AND ALL-LAUDABLE  
APOSTLES—PETER AND PAUL**

**SAINT PETER-PRINCE OF THE TARTAR HORDE-  
WONDERWORKER OF ROSTOV, UNCOVERING OF THE RELICS  
OF SAINT NICANDER-MONK OF PSKOV**

**TROPARION—TONE 5**

Let the faithful praise and worship the Word,  
Coeternal with the Father and the Spirit;  
Born for our salvation from the Virgin;  
For He willed to be lifted up on the Cross in the flesh,  
To endure death,  
And to raise the dead by His glorious Resurrection!

**Glory to the Father, and to the Son, and to the Holy Spirit, now and ever,  
and unto ages of ages. Amen.**

**KONTAKION—TONE 5**

Thou didst descend into Hell, O my Savior,

Shattering its gates as almighty;  
Resurrecting the dead as Creator,  
And destroying the sting of death.  
Thou hast delivered Adam from the curse,  
O Lover of Man,  
And we all cry to Thee: O Lord, save us!

### **PROKEIMENON—TONE 5**

**READER:** Thou, O Lord, shalt protect us and preserve us from this generation forever.

**PEOPLE: Thou, O Lord, shalt protect us and preserve us from this generation forever.**

**READER:** Save me, O Lord, for there is no longer any that is godly.

**PEOPLE: Thou, O Lord, shalt protect us and preserve us from this generation forever.**

**READER:** Thou, O Lord, shalt protect us and preserve us...

**PEOPLE: From this generation forever.**

### **ALLELUIA VERSES—TONE 5**

I will sing of Thy mercies, O Lord, forever; with my mouth I will proclaim Thy truth from generation to generation.

Thou hast said: Mercy will be established forever, and my truth will be prepared in the heavens.

The Archbishop of Canterbury Dr. Rowan D. Williams: An Opportunity for Turkey is the School of Halki 6/26/2009

*The Archbishop of Canterbury Dr. Rowan D. Williams visited the Ecumenical Patriarchate for three days and had meetings with the Ecumenical Patriarch Bartholomew and the Committee on Inter-Christian Relations. He also visited the Theological School of Halki and attended the Divine Liturgy at the Patriarchal Cathedral of St. George. Below is a brief interview with Archbishop of Canterbury concerning the Theological School of Halki and Inter-Christian relations. -By Nikolaos Manginas*

**What do you think about the closure of the theological school of Halki for 38 years seeing that it deprives the Ecumenical Patriarchate the ability to train clergy and staff and how do you see the future of the school?**

"Well, first of all, the school at Halki has enormous resources both in terms of books and in terms of space and a beautiful location. It is symbolically very important that it is connected with the Ecumenical Patriarchate and so it could be a great international center once again. So I hope we shall see that emerging in the years to come- another international center with real theological quality for the Orthodox Church closely associated with His All Holiness. I think that as Turkey considers its future in Europe, it is a very good moment indeed to think about a positive gesture towards Halki, but I really hope and pray that will be something we look forward to."

**How do you evaluate the meetings you had at the Ecumenical Patriarchate during your present stay at the Phanar?**

"It has been a wonderful couple of days; we have had an opportunity to talk with several people at the Phanar about our ecumenical relations, about our hopes, our anxieties because both of churches are facing considerable problems at the moment. We talked very honestly and very helpful about that and it has been an immense privilege and joy to be with the Patriarch, to spend personal time with him and to share in worship with him, it is always a gift to which I am very grateful to be here."

**How do you characterize the course of dialogue between the Anglican and Orthodox Churches?**

"We are planning the next round of the dialogue, the document that has come out so far, from the dialogue over the last maybe twenty years has already had a very positive impact in many ways. We now begin on a new course of work which starts later this year thinking about the Christian doctrine of human nature. We have our membership lined up; we have our subject matter defined, so I think the prospects are very good."

**Last year (2008), the Time Magazine chose the Ecumenical Patriarch as one of the 100 most influential people in the world. At that time you wrote about the personality of the Patriarch that he is "an Eastern Orthodox leader that defines environmentalism as a spiritual responsibility" among Leaders and Revolutionaries.**

"I have heard the Ecumenical Patriarch's name was one of those being talked about, and because I so greatly admire him as a theologian and as a pastor and as a person, I felt that it was a privilege to be able to say something in praise of him and the way in which he has I think created a role for the Ecumenical Patriarchate worldwide by teaching his teaching/

advocacy on environmental matters and the Christian approach to environmental questions, that has been a great example to many of us."

### **CONFESSION**

A Catholic guy goes into the confessional box. He notices on one side a fully equipped bar with Guinness on tap. On the other wall is a dazzling array of the finest Cuban cigars.

Then the priest comes in.

"Father, forgive me, for it's been a very long time since I've been to confession, but I must first admit that the confessional box is much more inviting these days."

The priest replies "Get out. You're on my side."

"Happiness comes not from what we have but from what we give and what we share." Olave Baden Powell

*and*

"The most worth-while thing is to try to put happiness into the lives of others." Lord Baden Powell

### **Two Wolves...and the meaning of life?**

One evening an old Cherokee told his grandson about a battle that goes on inside all people. He said, 'My son, the battle is between two 'wolves' inside us all.

One is Evil. It is anger, envy, jealousy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, and ego.

The other is Good. It is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion, and faith.'

The grandson thought about it for a minute and then asked his grandfather: 'Which wolf wins?'

The old Cherokee simply replied, 'The one you feed.'

The person who truly loves God and Christ, even though he may perform a thousand good works, considers himself as having done nothing because of his insatiable longing for the Lord. Even if he should tear down the body with fasts and vigils, he considers himself as though he had never even yet begun to develop virtues. Although various gifts of the Spirit or even revelations and heavenly mysteries may be given to him, he believes that he has acquired nothing because of his immense and insatiable love for the Lord.

But daily he perseveres in prayer with a hungering and a thirst in faith and love. He has an insatiable desire for the mysteries of grace and for every virtue. He is wounded with love for the heavenly Bridegroom through grace which he has dwelling within himself. *St. Macarius, Spiritual Homily 10.4*

We welcome Natasha and Zackary Sudol to the Holy Orthodox Church. The twin grandchildren of Henry and Shirley Tkacik, they were Baptized and Chrismated on July 5<sup>th</sup> at Holy Virgin Russian Orthodox Church in Carnegie. May God grant them, their parents, grandparents, and relatives Many Happy, Healthy, and Blessed Years! Mnohaya Lita!

**PLEASE REMEMBER IN YOUR PRAYERS**—His Beatitude, our Metropolitan Constantine, who had surgery on July 1<sup>st</sup> and is recovering. Please keep him and his family in your prayers, as the past two weeks have been very stressful for all of them. Thank you!

### Farmer John

Farmer John lived on a quiet rural highway. But, as time went by, the traffic slowly built up at an alarming rate.

The traffic was so heavy and so fast that his chickens were being run over at a rate of three to six a day.

So one day Farmer John called the sheriff's office and said, "You've got to do something about all of these people driving so fast and killing all of my chickens."

"What do you want me to do?" asked the sheriff.

"I don't care, just do something about those crazy drivers!"

So the next day he had the county workers go out and erected a sign that said: **SLOW: SCHOOL CROSSING**

Three days later Farmer John called the sheriff and said, "You've got to do something about these drivers. The 'school crossing' sign seems to make them go even faster."

So, again, the sheriff sends out the county workers and they put up a new sign: **SLOW: CHILDREN AT PLAY**

That really sped them up. So Farmer John called and called and called every day for three weeks.

Finally, he asked the sheriff, "Your signs are doing no good. Can I put up my own sign?"

The sheriff told him, "Sure thing, put up your own sign..."

He was going to let the Farmer John do just about anything in order to get him to stop calling everyday to complain.

The sheriff got no more calls from Farmer John.

Three weeks later, curiosity got the best of the sheriff and he decided to give Farmer John a call. "How's the problem with those drivers. Did you put up your sign?"

"Oh, I sure did. And not one chicken has been killed since then. I've got to go. I'm very busy."

He hung up the phone. The sheriff was really curious now and he thought to himself, "I'd better go out there and take a look at that sign...it might be something that WE could use to slow down drivers..."

So the sheriff drove out to Farmer John's house, and his jaw dropped the moment he saw the sign. It was spray-painted on a sheet of wood:

**NUDIST COLONY. Go slow and watch out for chicks!!**

### **a word from the desert**

Alban was still a pagan at the time when the cruelties of wicked emperors were raging against Christians, and he welcomed into his house a certain clergyman who was fleeing from the persecutors. This man he observed to be engaged in continual prayer and watching day and night. All of a sudden, Divine grace shone on Alban, and he began to imitate the example of faith and piety which was set before him, and being gradually instructed by his wholesome admonitions, he cast off the darkness of idolatry, and became a Christian in all sincerity of heart. The aforesaid clergyman having been some days entertained by him, it came to the ears of the wicked ruler, that this holy confessor of Christ, whose time of martyrdom had not yet come, was



concealed at Alban's house. Whereupon he sent some soldiers to make a strict search after him. When they came to the martyr's house, St. Alban immediately presented himself to the soldiers, instead of his guest and master, in the habit or long coat which he wore, and was led bound before the judge.

It happened that the judge, at the time when Alban was carried before him, was standing at the altar, and offering sacrifice to devils. When he saw Alban, being much enraged that he should thus, of his own accord, put himself into the hands of the soldiers, and incur such danger in behalf of his guest, he commanded him to be dragged up to the images of the devils, before which he stood, saying, "Because you have chosen to conceal a rebellious and sacrilegious person, rather than to deliver him up to the soldiers, that this contempt of the gods might meet with the penalty due to such blasphemy, you shall undergo all the punishment that was due to him, if you abandon the worship of our religion." But St. Alban, who had voluntarily declared himself a Christian to the persecutors of the faith, was not at all daunted at the judge's threats, but putting on the armour of spiritual warfare, publicly declared that he would not obey the command. Then said the judge, "Of what family or race are you?" "What does it concern you," answered Alban, "of what stock I am? If you desire to hear the truth of my religion be it known to you, that I am now a Christian, and bound by Christian duties." "I ask your name," said the judge; "tell me it immediately." "I am called Alban by my parents," replied he; "and I worship and adore the true and living God, who created all things." Then the judge, inflamed with anger, said, "If you will enjoy the happiness of eternal life, do not delay to offer sacrifice to the great gods." Alban rejoined, "These sacrifices, which by you are offered to devils, neither can help the recipients, nor answer the wishes or desires of those that offer up their supplications to them. On the contrary, whosoever shall offer sacrifice to these images shall receive the everlasting pains of hell for his reward."

The judge, hearing these words, and being much incensed, ordered this holy confessor of God to be scourged by the executioners, believing he might by stripes shake that constancy of heart, on which he could not prevail by words. Alban, being most cruelly tortured, bore these sufferings patiently, or rather joyfully, for our Lord's sake. When the judge perceived that he was not to be overcome by tortures, or withdrawn from the exercise of the Christian religion, he ordered him to be put to death. Being led to execution, he came to a river, which, with a most rapid course, ran between the wall of the town and the arena where he was to be executed. He there saw a multitude of persons of both sexes, and of several ages and conditions, who were doubtlessly assembled by Divine instinct, to attend the blessed confessor and martyr, and had so taken up the bridge on the river, that he could scarce pass over that evening. In short, almost all had gone out, so that the judge remained in the city without attendance. St Alban, therefore, urged by an ardent and devout wish to arrive quickly at martyrdom, drew near to the stream, and on lifting up his eyes to heaven, the channel was

immediately dried up, and he perceived that the water had departed and made way for him to pass. Among the rest, the executioner, who was to have put him to death, observed this, and moved by Divine inspiration hastened to meet him at the place of execution, and casting down the sword which he had carried ready drawn, fell at his feet, praying that he might rather suffer with the martyr, whom was ordered to execute or, if possible, instead of him.

While he thus from a persecutor was become a companion in the faith, and the other executioners hesitated to take up the sword which was lying on the ground, the reverend confessor, accompanied by the multitude, ascended a hill, about 500 paces from the place, adorned, or, rather clothed with all kinds of flowers, having its sides neither perpendicular, nor even craggy, but sloping down into a most beautiful plain, worthy from its lovely appearance to be the scene of a martyr's sufferings. On the top of this hill, St. Alban prayed that God would give him water, and immediately a living spring broke out before his feet, the course being confined, so that all men perceived that the river also had been dried up in consequence of the martyr's presence. Nor was it likely that the martyr, who had left no water remaining in the river, should want some on the top of the hill, unless he thought it suitable to the occasion. The river having performed the holy service, returned to its natural course, leaving a testimony of its obedience. Here, therefore, the head of most courageous martyr was struck off, and here he received the crown of life, which God has promised to those who love Him. But he who gave the wicked stroke, was not permitted to rejoice over the deceased; for his eyes dropped upon the ground together with the blessed martyr's head.

At the same time the soldier was also beheaded, who before, through the Divine admonition, refused to give the stroke to the holy confessor. Of whom it is apparent, that though he was not regenerated by baptism, yet he was cleansed by the washing of his own blood, and rendered worthy to enter the kingdom of heaven. Then the judge, astonished at the novelty of so many heavenly miracles, ordered the persecution to cease immediately, beginning to honour the death of the saints, by which he before thought they might have been diverted from the Christian faith.

The blessed Alban suffered death on the twenty-second day of June, near the city of Verulam, which is now by the English nation called Verlamacestir, or Varlingacestir, (St. Albans) where afterwards, when peaceable Christian times were restored, a church of wonderful workmanship, and suitable to his martyrdom, was erected. In which place, there ceases not to this day the cure of sick persons, and the frequent working of wonders.

At the same time there also suffered Aaron and Julius, citizens of Chester, and many more of both sexes in several places; who, when they had endured sundry torments,

and their limbs had been torn after an unheard of manner, yielded their souls up, to enjoy in the heavenly city a reward for the sufferings which they had passed through.

The Venerable Bede, Ecclesiastical History of the English People 1.7

St. Alban the Protomartyr of Britain

Commemorated 22 June; martyrdom dated between AD 209 and 304

icon and troparion at: <http://www.comeandseeicons.com/a/inp156.htm>

a word from the desert

**If you want to grab God's attention so He'll hear you during prayer, turn the dial to humility, for God always works in this frequency; then humbly ask for His mercy.**

Elder Paisios of the Holy Mountain

archived at: <http://wordfromthedesert.squarespace.com/>