



Holy Ghost Orthodox Church

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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Constantine, Patriarch Pavle, Bishop Robert, Father Peter Natishan, Father Gerald Olszewski, Father Jakiw Norton, Father Dragan Filipović, Father Elias Katras, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Charles Mezzomo, Father Anthony Dimitri, Father Cuthbert Jack, Evelyn Burlack, Joshua Agosto and his family, Harley Katarina Rahuba, Mike and Hilda Holupka, Eva Malesnick, Helen Likar, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Maria Balo, Linda Mechtly, Mary Mochnick, Mildred Manolovich, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Glen Lucas Burlack, Bernie Vangrin, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Cameron [a boy in Matt's class], Faith—a 7-year-old girl with rheumatoid arthritis, Isabella Olivia Lindgren—a 3-year-old with a brain tumor, Dillon, Ethel Thomas, Donna, Nick Malec [Maxine's brother], Erin, Jim Markovich, Jeff Walewski [thyroid cancer], Carol [Lotinski] Rose, Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Gary Zurasky, Michael Horvath, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Jim Logue—throat cancer, Liz Stumpf, Ester Tylavsky, Ed Jamison, Theodore Nixon, Charles Johnson, Amy Forbeck, Michelle Corba Kapeluck, Gloria Prymak [Liz's niece], Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, Sabrina, George & Mika Rocknage, Elizabeth Mitchell, Robert McKivitz, Marjorie Pershing, Tom Marriott, Joe Farkas, Liz Obradovich, Liz, Halyna Zelinska [Bishop Daniel's mother], Mary Ann, Charlotte, Peter Natishan, Michael Spak, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Brandi Thomas, Eleanor Kelly, Bryan, Peter Special, Amy Boe, Doris Artman, Maureen Sams, Nancy Barylak, Shirley Tkacik, Carol Kowalcheck, Martin Golofski, Joe Paouncic, Anthony Yerace, Joanne Brodrick, Khrystyna Chorniy, Anthony Cormier [2-year-old with cancer], Diane Waryanka, Nathan Forbeck, Joseph Baloga, Andy Torick, Sarah Doyle, and

Daria Masur. ARNOLD: Stefania Lucci, Steve Sakal, Homer Paul Kline, and Steve Ostaffy. We pray that God will grant them all a speedy recovery.

SECOND BANNS OF MARRIAGE: Robert Chicka and Allison Thiel will be joined in Holy Matrimony on Saturday, June 27, at 11 AM in our parish. If you know of any reason they should not be married, please contact Father Bob as soon as possible.

REMINDER: The Apostles' Fast—Saints Peter and Paul Fast—begins tomorrow, June 15, and lasts until their Feast Day—July 12. Please keep the fast as best you can—see Fr. Bob with questions.

Please remember James John Logue George Senita, & John Kirkowski assigned to Iraq, Matthew Machak, Tonia Dec, Michael Repasky, and ALL American servicemen and women in the Middle East in your prayers. May God watch over them and all American servicemen and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR “BOXTOPS FOR EDUCATION” AND CAMPBELL’S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Alex’s Seventh Grade and Matt’s Fifth Grade collections. THANK YOU ALL FOR YOUR HELP! Love, ALEX AND MATT

REMEMBER—PRAYERS ARE ALWAYS FREE!

Communion Fasting: nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

Schedule of Services

Sunday, June 14	Divine Liturgy	10:30 AM
	SUNDAY OF ALL SAINTS	
	MARTYR JUSTIN THE PHILOSOPHER & THOSE WITH HIM AT ROME: JUSTIN, CHARITAN & WIFE CHARITA, EUELPISTUS, HIERAX, PEON, VALERIAN, & JUSTUS, MARTYR VICTORIA THE ROMAN OF THESSALONICA, SAINT AGAPITUS-UNMERCENARY PHYSICIAN OF PERCHEVSKY LAVRA, VENERABLE DIONYSIUS-ABBOT OF GLUSHETSK	
	<i>Tone 8</i>	
	Hebrews 11:33-12:2	
	Matthew 10:32-33, 37-38, 19:27-30	
	<i>Litany in Blessed Memory of Catherine Yakim—Ollie</i>	
Monday, June 15	APOSTLES’/SAINTS PETER & PAUL/FAST BEGINS	
Sunday, June 21	Divine Liturgy	10:30 AM
	SUNDAY OF ALL SAINTS OF NORTH AMERICA AND ALL SAINTS OF UKRAINE	

ALL VENERABLE AND GOD-BEARING FATHERS OF MOUNT ATHOS, TRANSLATION OF THE RELICS OF THEODORE STRATELATES, VENERABLE EPHREM-PATRIARCH OF ANTIOCH, VENERABLE ZOSIMUS-MONK OF PHOENICIA, SAINT ATRE OF NITIRA IN EGYPT, SAINTS NAUCRATIUS-ABBOT OF STUDIO, SAINT THEODORE-BISHOP OF ROSTOV & SUZDAL, FINDING OF RELICS OF SAINTS BASIL & CONSTANTINE-PRINCES OF YAROSLAVL, SAINT THEOPHILUS OF LUGA & OMUTCH-DISCIPLE OF SAINT ARSENIUS OF KONEVITS/VALAAM

Tone 1

Romans 2:10-16

Matthew 4:18-23

Litany in Blessed Memory of All Deceased Fathers, Grandfathers, etc.—Fr. Bob

Parastas in Blessed Memory of Joseph Baloga—40 Days—Fr. Bob

Sunday, June 28

Divine Liturgy

10:30 AM

3RD SUNDAY AFTER PENTECOST—PROPHET AMOS, MARTYRS VITUS, MODESTUS, & CRESCENTIA AT LUCANIA, MARTYR DULAS OF CILICIA, BLESSED JEROME OF STRIDONIUM, VENERABLE DULAS THE PASSION-BEARER OF EGYPT, BLESSED AUGUSTINE OF HIPPO, TRANSLATION OF THE RELICS OF SAINT THEODORE THE SYKEOTE, SAINT MICHAEL-FIRST METROPOLITAN OF KIEV, SAINT LAZARUS-PRINCE OF SERBIA, SAINTS GREGORY & CASSIAN-ABBOTS OF AVANEZH-KVOLOGDA, SAINT EPHRAIM II-PATRIARCH OF SERBIA, SAINT ORSIESIUS-DISCIPLE OF SAINT PACHOMIUS THE GREAT, SAINT SYMEON-BISHOP OF NOVGOROD, MARTYR LEONIS OF SYRIA, SAINT ABRAHAM-ABBOT OF AUVERGNE-GAUL

Tone 2

Romans 5:1-10

Matthew 6:22-33

Parastas in Blessed Memory of Joe Karas—Debbie & John Pauncic

BULLETIN INSERT FOR 14 JUNE 2009

SUNDAY OF ALL SAINTS

MARTYR JUSTIN THE PHILOSOPHER & THOSE WITH HIM AT ROME: JUSTIN, CHARITAN & WIFE CHARITA, EUELPISTUS, HIERAX, PEON, VALERIAN, & JUSTUS, MARTYR VICTORIA THE ROMAN OF THESSALONICA, SAINT AGAPITUS-UNMERCENARY PHYSICIAN OF PERCHEVSKY LAVRA, VENERABLE DIONYSIUS-ABBOT OF GLUSHETSK

TROPARION—TONE 4

As with fine porphyry and royal purple,
Thy Church has been adorned with Thy Martyrs blood
Shed throughout the world
She cries to Thee, O Christ God: send down Thy bounties on Thy people,
Grant peace to Thy habitation, and great mercy to our souls.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

KONTAKION—TONE 8

The universe offers The the God-bearing martyrs
As the first fruits of creation, O Lord and Creator.
Through the Theotokos and their prayers establish Thy Church in peace.

PROKEIMENON—TONE 4

READER: Pray and make your vows before the Lord our God!

PEOPLE: Pray and make your vows before the Lord our God!

READER: In Judah God is known; His name is great in Israel!

PEOPLE: Pray and make your vows before the Lord our God!

READER: God is wonderful in His saints, the God of Israel.

PEOPLE: Pray and make your vows before the Lord our God!

READER: Pray and make your vows...

PEOPLE: Before the Lord our God!

ALLELUIA VERSES—TONE 4

The righteous called, and the Lord heard them.

Many are the afflictions of the righteous; but the Lord delivers them out of them all.

COMMUNION HYMNS

Praise the Lord from the heavens! Praise Him in the highest!

Rejoice in the Lord, O you righteous! Praise befits the just.

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First-ever Orthodox Military Edition of the New Testament and Psalms for Orthodox Christians Published

NEW YORK – His Eminence Archbishop Demetrios, Primate of the Greek Orthodox Church in America and Chairman of the Standing Conference of the Canonical Orthodox Bishops in the Americas (SCOBA) announced the immediate availability of the first-ever English edition of the New Testament and Psalms for Orthodox Christians serving in the Armed Forces. This edition is a joint effort between the Greek Orthodox Archdiocese of America, the American Bible Society, and SCOBA.

“It is my heartfelt prayer that these sacred words of Scripture, icons, and the accompanying daily prayers will serve as a source of strength and encouragement for our dedicated service men and women in the Armed Forces”, the Archbishop

remarked. "Wherever the tour of duty calls them, may this pocket edition of the New Testament be a constant reminder of the fervent intercessions that are offered to God by those whom they protect, for their health, safety and well-being."

The Orthodox Military New Testament and Psalms features a camouflage cover and conforms to military specifications so that it can easily be carried in a uniform or backpack. Unique to this edition are the Orthodox Christian morning and evening prayers; mealtime prayers; an article on living an Orthodox Christian life while serving in the military; full color icons of military-specific saints; a daily Bible reading guide; a prayer list to remember the names of those living and deceased; maps and many other useful aids.

"The American Bible Society is proud to have been part of this pivotal publication of the New Testament and Psalms that will provide the sacred words of the Scriptures to Orthodox Christians serving in the Armed Forces", said Dr. Lamar Vest, President of the American Bible Society. "We deeply value and treasure the strong bonds of genuine friendship that have developed into shared ministry over the past several years among the American Bible Society, the Ecumenical Patriarchate of Constantinople, the Greek Orthodox Archdiocese of America, and the Orthodox Christian Church."

The Orthodox Military Edition was formally presented to the American Bible Society's Board of Trustees on Friday May 15th by Fr. Mark Arey, General Secretary of SCOBA; Fr. William Bartz, a Captain in the United States Navy and the senior-ranking Orthodox Christian Chaplain in the Armed Forces; Fr. Jerome Cwiklinski, a Captain and the senior ranking OCA Chaplain in the United States Navy and a Marine veteran of Desert Storm; and Mr. Theo Nicolakis, who serves as the Greek Orthodox Archdiocese of America's representative to the American Bible Society.

"This 10 oz. Bible is worth over ten tons of protection" remarked Fr. Bartz during his presentation to the Board of Trustees. Likewise, Fr. Cwiklinski stated, "The publication of this Military New Testament is perhaps the most significant event for Orthodox Christians in the military since they were permitted to carry the "Orthodox" designation on their dog-tags."

The Military Edition of the New Testament and Psalms is being formally launched in Greek Orthodox parishes in the United States starting May 31 and will be given to service men and women in active duty. Anyone wishing to acquire a copy of the New Testament & Psalms for Orthodox Christians: Military Edition may do so online at either: <http://www.goarch.org> or <http://www.scoba.us/military>.

The Greek Orthodox Archdiocese of America is the largest Eparchy of the Ecumenical Patriarchate of Constantinople, the First Throne of the Orthodox Christian Church. Founded in 1922, the Greek Orthodox Archdiocese of America is the national headquarters that serves the ministerial, philanthropic, and educational needs of its 1.5 million members in the United States.

Founded in 1816 and headquartered in the City of New York, the mission of the American Bible Society is to make the Bible available to every person in a language and format each can understand and afford, so that all people may experience its life-changing message.

From the Sayings of Abba John: "If you are silent, you will possess peace wherever you live."

"And now abideth faith, hope, love, these three things ..." (I Cor. 13:13)

On Faith: by St John Chrysostomos

[On the futility of questioning why God permits the occurrence of tragic situations]

"This is what we [should] learn: rather to raise questions, not to solve the questions that are raised. For even if we do solve them, we have not solved them altogether; but (only) as far as man's reasoning goes. The proper solution of such questions is faith --- knowing: that God does all things justly and mercifully, and for the best; that to comprehend the reason of them is impossible. This is the one solution, and no better one exists... This is a chief characteristic of faith: to leave all the consequences of this lower world, and [thereby]: seek that which is above nature; ... cast out the feebleness of forethought; and accept everything from the Power of God."

"And now abideth faith, hope, love, these three things ..." (I Cor. 13:13)

On Hope: by St. Basil the Great

[Wait - in Hope - on the Lord]

"Do you see where affliction leads you? To hope, which 'does not put to shame.' (Romans 5:5) Hope, therefore, in the goodness of God; and await His support, knowing that, if we turn to Him rightly and sincerely, not only will He not cast us aside forever, but, while we are still uttering the words of our prayer, He will say: 'Behold, I am here.' "

On Love and Forgiveness towards the Brethren

My child, see to it that you drive away the evil thoughts which the devil urges you to consent to---especially thoughts of hatred towards the brethren you should pay

no attention to, because he aims to steal from you the greatest virtue: love. And if he achieves this, he has completely won your soul. Once we have lost love---God, that is, for God is love and he who abides in love abides in God and God in him (1Jn.4:16)--- then what is there left to save us?

*My child, do not listen at all to these thoughts of hatred towards the brethren, but drive them away immediately, and start praying the prayer, or tell Satan, "The more you bring me thoughts of hatred, devil, the more I will love my brethren. For I have an order from my Christ not only to love them, but even to sacrifice myself for them, just as Christ sacrificed Himself for me, the wretch." And at once embrace the things about them that annoy you, and say, "Just look how much I love them, O envious Satan! I will die for them!" By doing this, God sees your good intentions and the method you are using to conquer the devil, and He will come at once to your aid to deliver you. **Selected from Counsels from the Holy Mountain from the Letters and Homilies of Elder Ephraim***

Be careful how you pray—via e-mail from Father George Livanos

A voyaging ship was wrecked during a storm at sea! And only two of the men on it were able to swim to a small, desert like island. The two survivors, not knowing what else to do, agree that they had no other recourse but to pray to God. However, to find out whose prayer was more powerful, they agreed to divide the territory between them and stay on opposite sides of the island.

The first thing the first man prayed for was food. The next morning, the first man saw a fruit-bearing tree on his side of the land, and he was able to eat its fruit.

The other man's parcel of land remained barren.

After a week, the first man was lonely and he decided to pray for a wife. The next day, another ship was wrecked, and the only survivor was a woman who swam to his side of the land.

On the other side of the island, there was nothing.

Soon the first man prayed for a house, clothes, more food. The next day, like magic, All of these were given to him.

However, the second man still had nothing.

Finally, the first man prayed for a ship, so that his wife and he could leave the island. In the morning, he found a ship docked at his side of the island.

The first man boarded the ship with his wife and decided to leave the second man on the island. He considered the other man unworthy to receive God's blessings, since none of his prayers had been answered.

As the ship was about to leave, the first man heard a voice from Heaven booming, 'Why are you leaving your companion on the island?'

'My blessings are mine alone, since I was the one who prayed for them,' the first man answered. 'His prayers were all unanswered, and so he does not deserve anything.'

'You are mistaken!' the voice rebuked him. 'He had only one prayer, which I answered. If not for that, you would not have received any of my blessings.'

'Tell me,' the first man asked the voice, 'what did he pray for that I should owe him anything?'

'He prayed that all your prayers be answered.'

PROPHECIES by Abba Pambo (Speaking to One of His Disciples)

An Egyptian ascetic on the Nitrian mountain, Abba Pambo was a contemporary of St. Anthony the Great and himself great in monastic asceticism. Born about A.D. 303, he was one of the first to join Amoun in Nitria. He was illiterate until he was taught the Scriptures as a monk and ordained priest in 340. He had two characteristics by which he was especially known; by long training, he sealed his lips, so that no unnecessary word passed them, and he never ate any bread other than that which he gained by his own labor, plaiting rushes. He was like an angel of God and, in old age, his face shone as did the face of Moses in ancient times, so that the monks could not look on it. He did not give a quick answer even to a simple question, without prayer and pondering in his heart.

This wonderful saint had clear discernment into the destiny of the living and the dead. He entered into rest in the Lord in the year 374.]

...And I'll tell you this, my child, that the days will come when the Christians will add to and will take away from, and will alter the books of the Holy Evangelists, and of the Holy Apostles, and of the Divine Prophets, and of the Holy Fathers. They'll tone down the Holy Scriptures and will compose troparia, hymns, and writings technologically. Their nous will be spilled out among them, and will become alienated from it's Heavenly Prototype. For this reason the Holy Fathers had previously encouraged the monks of the desert to write down the lives of the Fathers not onto parchment, but

onto paper, because the coming generation will change them to suit their own personal tastes. So you see, the evil that comes will be horrible.

Then the disciple said: So then, Geronda, the traditions are going to be changed and the practices of the Christians? Maybe there won't exist enough priests in the Church when these unfortunate times come?

And the father continued: In these times the love for God in most souls will grow cold and a great sadness will fall onto the world. One nation shall face-off against another. Peoples will move away from their own places. Rulers will be confused. The clergy will be thrown into anarchy, and the monks will be inclined more to negligence. The church leaders will consider useless anything concerned with salvation, as much for their own souls as for the souls of their flocks, and they will despise any such concern. All will show eagerness and energy for every matter regarding their dining table and their appetites. They'll be lazy in their prayers and casual in their criticisms.

As for the lives and teachings of the Holy Fathers, they'll not have any interest to imitate them, nor even to hear them. But rather they will complain and say that "if we had lived in those times, then we'd have behaved like that". And the bishops shall give way to the powerful of the world, giving answers on different matters only after taking gifts from everywhere and consulting the rational logic of the academics. The poor man's rights will not be defended, they'll afflict widows, and harass orphans. Debauchery will permeate these people. Most won't believe in God, they'll hate each other and devour one another like beasts. The one will steal from the other, they'll be drunk and will walk about as blind.

The disciple again asked: What can we do, in such a state?

And Elder Pambo answered: My child, in these times whoever will save his soul and prompt others to be saved will be called great in the Kingdom of Heaven.

*"When a man walks in the fear of God he knows no fear, even if he were to be surrounded by wicked men. He has the fear of God within him and wears the invincible armor of faith. This makes him strong and able to take on anything, even things which seem difficult or impossible to most people. Such a man is like a giant surrounded by monkeys, or a roaring lion among dogs and foxes. He goes forward trusting in the Lord and the constancy of His will to strike and paralyze his foes. He wields the blazing club of the Word in wisdom." **St. Symeon the New Theologian***

From St. Gregory of Nyssa (The Nicene and Post-Nicene Fathers: Second Series Vol. V; Eerdmans pg. 368):

"Our mind holds in its grasp the reins of this chariot of the body; and in that capacity it will not devise, in the time of youth, when heat of temperament is abundant, ways of heightening that fever; nor will it multiply the cooling and the thinning of things when the body is already chilled by illness or by time; and in the case of all these physical qualities it will be guided by the Scripture, so as actually to realize it: 'He that gathered much had nothing over; and he who had gathered little had no lack' (Ex. 16:18 LXX). It will curtail immoderate lengths in either direction, and so will be careful to replenish where there is much lack. The inefficiency of the body from either cause will be that which it guards against; it will train the flesh, neither making it wild and ungovernable by excessive pampering, nor sickly and unstrung and nerveless for the required work by immoderate mortification. That is temperance's highest aim; it looks not to the afflicting of the body, but to the peaceful action of the soul's functions."

From the wisdom from John Climacus--"A fasting man prays austerely, but the mind of someone intemperate is filled up with unclean imaginings."

Abba Elias said: *"What can sin do where there is repentance? And of what use is love where there is pride?"*

"...alongside...knowledge, there is our capacity to choose. This is the beginning of our salvation; by our free choice we abandon our own wishes and thoughts and do what God wishes and thinks. If we succeed in doing this, there is no object, no activity or place in the whole of creation that can prevent us from becoming what God from the beginning has wished us to be: that is to say, according to His image and likeness, gods by adoption through grace, dispassionate, just, good and wise, whether we are rich or poor, married or unmarried, in authority and free or under obedience and in bondage - in short, whatever our time, place or activity." **St. Peter of Damaskos**

From the Wisdom from Paradise of the Holy Fathers

"A brother asked an old man and said, "What shall I do? For there is no feeling in my soul, and I have no fear of God." The old man said to him, "Seek out a man who feareth God, and then cling closely to him, and from him thou shalt learn to fear God.""

"No one can pass through life, any more than he can pass through a bit of country, without leaving tracks behind, and those tracks may often be helpful to those coming after him in finding their way" Lord Robert Baden-Powell

"My bother, the passions are afflictions; and so the Lord does not excommunicate us because of them, but He says: 'Call upon Me in the day of trouble; I will deliver you, and you shall glorify Me' (Ps. 50:15). Therefore, when beset by any kind of passion, there is nothing more useful than to call upon the Name of God. All we can do, weak

as we are, is to flee for refuge to the Name of Jesus. For the passions, being demons, retreat if this Name is invoked." ***Sts. Barsanouphios and John***

From the sayings of St. Gregory of Nyssa--"Anyone who tries to describe the ineffable Light in language is truly a liar—not because he hates the truth, but because of the inadequacy of his description."

Our sympathy and prayers go out to the family of Walter Burlack, who fell asleep in the Lord on Saturday evening, June 6th. Walt was buried from our church on Tuesday morning. May God comfort his family—and our parish family—and grant him the Kingdom of Heaven and Life Everlasting! *"Well done, good and faithful servant."* Vechnaya Pam'yat, Walt! Memory Eternal!