



## Holy Ghost Orthodox Church

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### **CHRIST IS RISEN! INDEED HE IS RISEN!**

Христос воскрес! Воистину воскрес! (Chrystos voskres! Voistynu voskres!)

Χριστός ἀνέστη! Ἀληθῶς ἀνέστη! (Khristós Anésti! Alithós Anésti!)

!ماق حيسملا! ماق اق ح (al-Masīḥ qām! Ḥaqqan qām!)

Hristos a înviat! Adevărat a înviat! Kristo Amefufukka! Kweli Amefufukka!

**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Constantine, Patriarch Pavle, Metropolitan Theodosius, Metropolitan John, Bishop Robert, Father Peter Natishan, Father Gerald Olszewski, Father Jakiw Norton, Father Dragan Filipović, Father Elias Katras, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Charles Mezzomo, Father Anthony Dimitri, Walt & Evelyn Burlack, Joshua Agosto and his family, Harley Katarina Rahuba, Mike and Hilda Holupka, Eva Malesnick, Helen Likar, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Maria Balo, Linda Mechtly, Mary Mochnick, Mildred Manolovich, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Glen Lucas Burlack, Bernie Vangrin, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Cameron [a boy in Matt's class], Faith—a 7-year-old girl with rheumatoid arthritis, Isabella Olivia Lindgren—a 3-year-old with a brain tumor, Dillon, Ethel Thomas, Donna, Nick Malec [Maxine's brother], Erin, Jim Markovich, Jeff Walewski [thyroid cancer], Carol [Lotinski] Rose, Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Gary Zurasky, Michael Horvath, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Jim Logue—throat cancer, Liz Stumpf, Ester Tylavsky, Ed Jamison, Theodore Nixon, Charles Johnson, Amy Forbeck, Michelle Corba Kapeluck, Gloria Prymak [Liz's niece], Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, Sabrina, George & Mika Rocknage, Elizabeth Mitchell, Robert McKivitz, Marjorie Pershing, Tom Marriott, Joe Farkas, Liz Obradovich, Liz, Halyna Zelinska [Bishop Daniel's mother], Mary Ann, Charlotte, Peter Natishan, Michael Spak, Andrew Mark Olynyk, Deborah



*Tone 4*  
Acts 11:19-26, 29-30  
John 4:5-42

*Litany in Blessed Memory of Ollie Pendlyshok—40 Days—Fr. Bob*  
*Parastas in Blessed Memory of Mike Shayka—John & Debbie Pauncic*

Sunday, May 24

Divine Liturgy

10:30 AM

SUNDAY OF THE BLIND MAN

HOLY EQUAL-TO-THE-APOSTLES METHIDIUS & CYRIL-FIRST TEACHERS OF THE SLAVS, HIEROMARTYR MOCIUS-PRESBYTER OF AMPHIPOLIS IN MACEDONIA, EQUAL-TO-THE-APOSTLES ROSTISLAV-KING OF GREATER MORAVIA, VENERABLE SOPHRONIUS-RECLUSE OF PERCHEVSKY LAVRA, SAINT NICODEMUS-ARCHBISHOP OF SERBIA, COMMEMORATION OF THE FOUNDING OF CONSTANTINOPLE, SAINT JOSPEH-METROPOLITAN OF ASTRAKHAN

*Tone 5*  
Acts 16:15-34  
John 9:1-38

*Litany in Blessed Memory of Richard Obradovich—Bertha Prymak*

## BULLETIN INSERT FOR 10 MAY 2009

SUNDAY OF THE PARALYTIC—MOTHERS' DAY

APOSTLE & HIEROMARTYR SIMEON THE KINSMAN OF THE LORD, BLESSED EVLOGIUS, VENERABLE STEPHEN-ABBOT OF PERCHEVSKY LAVRA & BISHOP OF VOLODYMYR IN VOLYN', VENERABLE JOHN-ABBOT OF CATHARES MONASTERY IN CONSTANTINOPLE, NEW-MARTYR ELIAS URDUNIS OF MOUNT ATHOS, SAINT SERAPION-BISHOP OF PHANAR

**Christ is Risen! Indeed He is Risen!**

**Христос воскрес! Воистину воскрес!**

**Χριστός ἀνέστη! Ἀληθῶς ἀνέστη! (Khristós Anésti! Alithós Anésti!)**

**Hristos a înviat! Adevărat a înviat!**

**!ماق حيسم! ماق اق ح (al-Masih qām! Ḥaqqan qām!)**

**Kristo Amefufukka! Kweli Amefufukka**

### TROPARION—TONE 3

Let the Heavens rejoice! Let the earth be glad!  
For the Lord has shown strength with His arm!  
He has trampled down death by death!  
He has delivered us from the depths of hell,  
And has granted the world great mercy!

Glory to the Father, and to the Son, and to the Holy Spirit, Now and ever, and unto ages of ages. Amen.

### KONTAKION—TONE 3

On this day Thou didst rise from the tomb, O Merciful One!  
Leading us from the gates of death.  
On this day Adam exults as Eve rejoices;  
With the prophets and patriarchs  
They unceasingly praise the divine majesty of Thy power!

### **PROKEIMENON—TONE 3**

**READER:** Sing praises to our God, sing praises! Sing praises to our King,  
sing praises!

**PEOPLE:** **Sing praises to our God, sing praises! Sing praises to our King,  
sing praises!**

**READER:** Clap your hands, all peoples! Shout to God with loud songs of joy!

**PEOPLE:** **Sing praises to our God, sing praises! Sing praises to our King,  
sing praises!**

**READER:** Sing praises to our God, sing praises!

**PEOPLE:** **Sing praises to our King, sing praises!**

### **ALLELUIA VERSES—TONE 3**

In Thee, O Lord, have I hoped; let me never be put to shame!

Be Thou a God of protection for me, a house of refuge, in order to save me!

### **Wise words from Yeronta Ephraim that speak to our hearts**

The following from Elder Ephraim spoke to my heart. As the fathers say, it's usually, better to hear words that bring contrition than to have general spiritual discussions -- why lives and writings of the saints who lived the Scriptures are so helpful to us. One footnote that another spiritual Father instructed is, "when they abuse people, criticizing *systems* can be appropriate and are more than in order (Ps. 103:6, Eccl. 3:7) as long as it is offered in a "non-condemning of any person" way. Even then, we must be careful how we speak (Eph. 4:15) to whom and when. First take the log out of our eye, as our Savior instructed (Jn. 7:1-6) -- why *a genuine confession can greatly help as a safe filter* before addressing any very difficult matter we feel "must be dealt with for the common good" so that others are not trampled upon by an unaccountable system. Then, we can know how to address a matter if at all (I Co. 10:12).

On Condemnation

Slander is a great evil. Just as the little rudder steers the whole ship wherever it wants, likewise the tongue leads a person either to good or to evil. The holy fathers greatly censure judging other *people's* sins, faults, or evil habits.

When we judge our brother, we condemn ourselves to a great sin. But when we cover our brother, God will also protect us from great sins. When we expose our brother, we drive the grace of God away from us and He permits us to fall into the same sins so that we learn we are all weak and the grace of God supports us. *Whoever guards his tongue guards his soul from great sins and grievous falls.*

The chief cause of criticism and slander is pride and egotism, because one considers him/herself better than the others. For this reason it is very beneficial for a person to think of himself as below everyone, so that he considers his brother better than him in order that, with the help of God, he may be delivered from this evil.

## **GERMANUS OF CONSTANTINOPLE: DEFENDER OF HOLY IMAGES**

VATICAN CITY, 29 APR 2009 (VIS) - During his general audience this morning Benedict XVI dedicated his catechesis to St. Germanus of Constantinople, who "played an important role in the complex history of the battle for images during the so-called iconoclastic crisis, and was able to resist the pressure of an iconoclastic emperor, ... Leo III.

"During Germanus' patriarchate (715-730)", the Pope added, "the capital of the Byzantine empire, Constantinople, was subject to a threatening siege by the Saracens. On that occasion (717-718) a solemn procession was organised and passed through the streets carrying the image of the Mother of God ... and the relic of the Holy Cross to call upon the Most High to defend the city. In fact, Constantinople was freed from the siege".

This event convinced the patriarch "that God's intervention was to be interpreted as evident approval of the reverence people showed towards holy icons. Leo III on the other hand, who came to the throne in that year of 717, ... began ever more openly to show his conviction that the consolidation of empire had to begin by reorganising expressions of faith, with particular reference to idolatry, a risk to which, in his view, the people were exposed by their excessive veneration for icons".

The Holy Father went on: "Patriarch Germanus' appeals to Church tradition and to the real effectiveness of certain images, unanimously recognised as 'miraculous', were all to no avail. The emperor became ever more intractable in implementing his policies of reform. ... Germanus had no desire to bow to the emperor's will in matters he considered vital to orthodox faith. ... As a consequence he felt obliged to resign as patriarch, condemning himself to exile in a monastery where he died in obscurity. Nonetheless his name re-emerged at the Second Nicean Council ... of 787 where his merits were recognised".

Of Germanus' works "certain homilies on Marian themes have survived, of which some have had a profound influence on the piety of entire generations of faithful, both in the East and the West", including one which Pope Pius XII "set like a pearl in the 1950 Apostolic Constitution 'Munificentissimus Deus'", dedicated to the Assumption of the Virgin Mary.

Benedict XVI went on to recall the "great contribution" this saint made to the Byzantine tradition in which "the rhetorical forms used in preaching, and even more so in hymns and poetical compositions, ... are as important to the celebration of the liturgy as the beauty of the sacred building in which it takes place".

The Holy Father concluded by considering three aspects in which St. Germanus still has something to say to modern man. Firstly, in the need to recognise "the visibility of God in the world and in the Church", because "God created man in His image but that image was covered with dirt and sin" and the Creator "could almost no longer see it. Thus the Son of God became man and ... in Christ, the true image of God, we too can ... learn to see ourselves as His image". If, to prevent idolatry and the danger of pagan images, God prohibited the Israelites from creating His image, yet "when He became visible in Christ through the Incarnation it became legitimate to reproduce the face of Christ. ... Holy images teach us to see God in the face of Christ, ... of the saints and of all human beings".

Secondly, Germanus shows us "the beauty and dignity of the liturgy", which must be celebrated "with an awareness of the presence of God and with a beauty and dignity that enable us to glimpse His splendour".

The third aspect is that of "love for the Church", the Pope concluded. "It may be that in the Church, as in ourselves, we see sin and other negative things, yet with the help of faith ... we can always rediscover divine beauty in the Church. In the Church, God offers Himself to us in the Eucharist, He speaks to us, ... He forgives us and He teaches us to forgive. Let us pray that God may teach us to see His presence and His beauty in the Church, to see His presence in the world".

AC/GERMANUS/...

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I have over and over again explained that the purpose of the Boy Scout and Girl Guide Movement is to build men and women as citizens endowed with the three H's namely, Health, Happiness, and Helpfulness. The man or woman who succeeds in developing these three attributes has secured the main steps to success this Life.

Sir Robert Baden-Powell (1857-1941)—Lessons from the varsity of life

**REMINDERS: NO KNEELING until the Kneeling Prayers of Pentecost Sunday. Instead of “Vechnaya Pam’yat” at the end of a Parastas or during a funeral service *until Ascension Thursday*, we sing “Christ is Risen!” Also, we do not say the prayer to the Holy Spirit “O Heavenly King” until Pentecost Sunday.**