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CHRIST IS RISEN! INDEED HE IS RISEN!

Христос воскрес! Bоістину воскрес! (Chrystos voskres! Voistynu voskres!) Χριστός ἀνέστη! ἀληθῶς ἀνέστη! (Khristós Anésti! Alithós Anésti!) إماق اقى جيسمل!! (al-Masīḥ qām! Ḥaqqan qām!) Hristos a înviat! Adevărat a înviat! Kristo Amefufukka! Kweli Amefufukka!

ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Constantine, Patriarch Pavle, Metropolitan Theodosius, Bishop Robert, Father Peter Natishan, Father Gerald Olszewski, Father Jakiw Norton, Father Dragan Filipović, Father Elias Katras, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Charles Mezzomo, Father Anthony Dimitri, Walt & Evelyn Burlack, Joshua Agosto and his family, Harley Katarina Rahuba, Mike and Hilda Holupka, Eva Malesnick, Helen Likar, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Maria Balo, Linda Mechtly, Mary Mochnick, Mildred Manolovich, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Glen Lucas Burlack, Bernie Vangrin, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Cameron [a boy in Matt's class], Faith—a 7-year-old girl with rheumatoid arthritis, Isabella Olivia Lindgren—a 3-year-old with a brain tumor, Dillon, Ethel Thomas, Donna, Nick Malec [Maxine's brother], Erin, Jim Markovich, Jeff Walewski [thyroid cancer], Carol [Lotinski] Rose, Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Gary Zurasky, Michael Horvath, Patti Sinecki, David Genshi, Sue Segeleon, Mike Gallagher, Michael Miller, Jim Logue—throat cancer, Liz Stumpf, Ester Tylavsky, Ed Jamison, Theodore Nixon, Charles Johnson, Amy Forbeck, Michelle Corba Kapeluck, Gloria Prymak [Liz's niece], Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, Sabrina, George & Mika Rocknage, Elizabeth Mitchell, Robert McKivitz, Marjorie Pershing, Tom Marriott, Joe Farkas, Liz Obradovich, Liz, Halyna Zelinska [Bishop Daniel's mother], Mary Ann, Charlotte, Peter Natishan, Michael Spak, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Brandi Thomas, Eleanor Kelly, Bryan, Ben Bonifield—a

classmate of Alex, Peter Special, Amy Boe, Doris Artman, Maureen Sams, Nancy Barylak, Shirley Tkacik, Carol Kowalcheck, Martin Golofski, Joe Paouncic, Anthony Yerace, Joan Hyatt, Joanne Brodrick, Khrystyna Chorniy, Anthony Cormier [2-year-old with cancer], Diane Waryanka, Nathan Forbeck, and Daria Masur. ARNOLD: Stefania Lucci, Steve Sakal, Homer Paul Kline, and Steve Ostaffy. We pray that God will grant them all a speedy recovery.

HAPPY BIRTHDAY TO OUR MAY BABIES: Pani Gina on the 9th, Nathanial Scott on the 16th, Christine Shirley on the 23rd, and Jim Weiser on the 24th. May God grant them all Many Happy, Healthy, Prosperous, and Blessed Years!

Please remember David Weaver in Mosul, James John Logue George Senita, & John Kirkowski assigned to Iraq, Matthew Machak, Tonia Dec, Michael Repasky, and ALL American servicemen and women in the Middle East in your prayers. May God watch over them and all American servicemen and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR "BOXTOPS FOR EDUCATION" AND CAMPBELL'S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Alex's Sixth Grade and Matt's Fourth Grade collections. THANK YOU ALL FOR YOUR HELP! Love, ALEX AND MATT

REMEMBER—PRAYERS ARE <u>ALWAYS</u> <u>FREE!</u>

<u>Communion Fasting:</u> nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please CALL FATHER BOB at [412] 279-5640.

Schedule of Services

Sunday, May 03

Divine Liturgy 10:30 AM SUNDAY OF THE MYRRH-BEARING WOMEN

VENERABLE TRICHINAS-HERMIT NEAR CONSTANTINOPLE, BLESSED GREGORY & BLESSED ANASTASIUS OF SINAI-PATRIARCHS OF ANTIOCH, VENERABLE ANASTASIUS-ABBOT OF MOUNT SINAI, VENERABLE ALEXANDER-ABBOT OF OSHEVENSK, CHILD-MARTYR GABRIEL OF SLUTSK, SAINTS BETRAM & THEOTIMUS-BISHOPS IN LESSER SCYTHIA, VENNERABLE ATHANASIUS & IOASAPH OF METEORA-MONKS, APOSTLE ZACCHAEUS-BISHOP OF CAESARAEA

Tone 2 Acts 6:1-7 Mark 15:43-16:8

Litany in Blessed Memory of Charles Cherepko, Anna Metrick, Bogdan Mural, Khouria Joanne Abdalla, Katherine Tomson, Walter Golofski, Jr., & Anna Vangrin—Fr. Bob

Sunday, May 10

Divine Liturgy 10:30 AM SUNDAY OF THE PARALYTIC—MOTHERS' DAY

APOSTLE & HIEROMARTYR SIMEON THE KINSMAN OF THE LORD, BLESSED EVLOGIUS, VENERABLE STEPHEN-ABBOT OF PERCHEVSKY LAVRA & BISHOP OF VOLODYMYR IN VOLYN', VENERABLE JOHN-ABBOT OF CATHARES MONASTERY IN CONSTANTINOPLE, NEW-MARTYR ELIAS URDUNIS OF MOUNT ATHOS, SAINT SERAPION-BISHOP OF PHANAR

> Tone 3 Acts 9:32-42 John 5:1-15

Litany in Blessed Memory of All Deceased Mothers, Grandmothers, etc.—Fr. Bob Parastas in Blessed Memory of John Batch—Harry Batch

Sunday, May 17

Divine Liturgy

SUNDAY OF THE SAMARITAN WOMAN

10:30 AM

VIRGIN-MARTYR PELAGIOA OF TARSUS, HIEROMARTYR ERASMUS-BISHOP OF FORMIA, HIEROMARTYR ALBIAN-BISHOP OF ANAEA & HIS DISCIPLES, HIEROMARTYR SILVANUS-BISHOP OF GAZA & 40 MARTYRS WITH HIM, TRANSLATION OF THE RELICS OF THE RIGHTEOUS LAZARUS & SAINT MARY MAGDALENE-EQUAL TO THE APOSTLES, MARTYRS APHRODISIUS, LEONTIUS, ANTHONY, VALERIAN, MACROBIUS, & OTHERS—MONKS OF PALESTINE, VENERABLE NICEPHORUS, CLEMENT & ISAAC OF NOVGOROD-FOUNDERS OF THE SOCOLNITZKI MONASTERY

> Tone 4 Acts 11:19-26, 29-30 John 4:5-42

Litany in Blessed Memory of Ollie Pendlyshok—40 Days—Fr. Bob Parastas in Blessed Memory of Mike Shayka—John & Debbie Paouncic

BULLETIN INSERT FOR 03 MAY 2009 SUNDAY OF THE MYRRH-BEARING WOMEN

VENERABLE TRICHINAS-HERMIT NEAR CONSTANTINOPLE, BLESSED GREGORY & BLESSED ANASTASIUS OF SINAI-PATRIARCHS OF ANTIOCH, VENERABLE ANASTASIUS-ABBOT OF MOUNT SINAI, VENERABLE ALEXANDER-ABBOT OF OSHEVENSK, CHILD-MARTYR GABRIEL OF SLUTSK, SAINTS BETRAM & THEOTIMUS-BISHOPS IN LESSER SCYTHIA, VENERABLE ATHANASIUS & IOASAPH OF METEORA-MONKS, APOSTLE ZACCHAEUS-BISHOP OF CAESAREA

TROPARION OF THE RESURRECTION—TONE 2

When Thou didst descend to death, O Life Immortal, Thou didst slay hell with the splendor of Thy Godhead! And when from the depths Thou didst raise the dead, All the powers of heaven cried out:

O Giver of Life! Christ our God! Glory to Thee!

TROPARION OF THE RIGHTEOUS JOSEPH—TONE 2

The noble Joseph, when he had taken down Thy most pure body from the tree Wrapped it in fine linens and anointed it with spices, And placed it in a new tomb.

But Thou didst rise on the third day, O Lord,

Granting the world great mercy.

Glory to the Father, and to the Son, and to the Holy Spirit.

TROPARION OF THE MYRRH-BEARING WOMEN—TONE 2

The angel came to the myrrh-bearing women at the tomb and said: Myrrh is meet for the dead; but Christ has shown Himself a stranger to corruption! So proclaim: The Lord is risen, granting the world great mercy.

Now and ever, and unto ages of ages. Amen.

KONTAKION—TONE 2

Thou didst command the Myrrhbearers to rejoice, O Christ! By Thy Resurrection, Thou didst stop the lamentation of Eve, O God! Thou didst command Thy apostles to preach: The Savior is Risen!

PROKEIMENON—TONE 6

READER: O Lord, save Thy people and bless Thine inheritance. **PEOPLE:** O Lord, save Thy people and bless Thine inheritance. **READER:** To Thee, O Lord, will I call. O my God, be not silent to me. **PEOPLE:** O Lord, save Thy people and bless Thine inheritance.

READER: O Lord, save Thy people.

PEOPLE: And bless Thine inheritance.

ALLELUIA VERSES—TONE 8

Lord, Thou wast favorable to Thy land; Thou didst restore the fortune of Jacob.

Mercy and truth have met; righteousness and peace have kissed each other.

THE HYMN TO THE THEOTOKOS (Replaces "It Is Truly Meet")
The angel cried to the Lady Full of Grace Rejoice, 0 Pure Virgin! Again I say: Rejoice! Your Son is risen from His three days in the tomb! With Himself He has raised all the dead! Rejoice, all ye people!

Shine! Shine! O New Jerusalem! The Glory of the Lord has shone on you! Exult now and be glad, O Zion! Be radiant, O Pure Theotokos, in the Resurrection of your Son!

COMMUNION HYMNS

Receive ye the Body of Christ; taste ye the fountain of immortality. Praise the Lord from the heavens! Praise Him in the highest!

Why does the image I have taken on mislead me? Why am I a stranger to virtue, committing repulsive deeds before God Who sees all?

Justly did the Pharisees suffer to have their errors exposed by Christ the Savior, Who labeled their appearances hypocrisy. And I deserve such reproach most of all. But when my conscience exposes my errors I become indignant, for the truth is bitter for those who desire just to make an appearance rather than being.

Indeed, if one were to peel away my appearance he would find worms inside. If the whitewashed cover is removed, everyone will see what lies in the grave. However, let this not be brought out into the open here; surely the fire will try all and discover what I am at the Judgment.

Woe is me! How will I endure the exposure of my lawless deeds and thoughts! Have mercy on me, O God, according to Thy great mercy and according to the multitude of Thy compassions absolve my iniquities. Hearken unto me according to Thy goodness, O Master, and reject not my supplication; for Thou dost not cast away those who truly repent.

It is true that even my repentance is impure, for I spend one day repenting and two offending Thee. But send my heart fear of Thee and confirm my soul on the rock of true repentance. May the light of Thy grace overcome the darkness that is in me.

Condescend to my prayer, O good Lord, not because I am correct, for in me is no good, but according to Thy compassion and Thy great and unutterable goodness. Raise up my members shattered by sin; enlighten my heart clouded by evil desire; save me from my sinful habits, that the adversary may not overthrow me in the end.

From <u>A Spiritual Psalter</u>, the works of our holy father *Ephraim the Syrian*

Church Gossip

Mildred, the church gossip, and self-appointed monitor of the church's morals, kept sticking her nose into other people's business.

Several members did not approve of her extra curricular activities, but feared her enough to maintain their silence.

She made a mistake, however, when she accused Frank, a new member, of being an alcoholic after she saw his old pickup parked in front of the town's only bar one after noon.

She emphatically told Frank (and several others) that every one seeing it there WOULD KNOW WHAT HE WAS DOING!

Frank, a man of few words, stared at her for a moment and just turned and walked away. He didn't explain, defend, or deny... He said nothing.

Later that evening, Frank quietly parked his pickup in front of Mildred's house...walked home...and left it there all night!!!

(You gotta love Frank!)

You alone are visible, you reveal the image of the Father almighty, and thus you manifest the sublimity of the Father and the Son. As the Father is almighty in the heavenly sphere, so are you, the Son, in our universe the first-born, the guide and lord of all power; you, from the beginning, are the second grandeur, that comes from that of the Father; vou are the foundation of all the world. You are our archetype, the mind which ordains and the one who steers; you are the way and the door that opens into light. You are the image of justice; you are our ever-shining star. To you we render thanks, praise, and blessing. Before you we bend the knee and we ask, with trust, that we be made holy. Grant that we may be ever strong in faith, sound in mind and body to sing for ever and without ceasing your praises, that you, the Immortal, the Infinite, the Eternal may be celebrated in every place. You are the model and essence of the Spirit, you are our blessed Father,

With eyes fixed on you, we shall not die, O Lord;

if we confess your name we shall not be lost.

our king and our God.

Anonymous hymn on papyrus from Egypt

WHY GOD MADE MOMS

Answers given by 2nd grade school children to the following questions:

Why did God make mothers?

- 1. She's the only one who knows where the scotch tape is.
- 2. Mostly to clean the house.
- 3. To help us out of there when we were getting born.

How did God make mothers?

- 1. He used dirt, just like for the rest of us.
- 2. Magic plus super powers and a lot of stirring.
- 3. God made my Mom just the same like he made me. He just used bigger parts.

What ingredients are mothers made of?

- 1. God makes mothers out of clouds and angel hair and everything nice in the world and one dab of mean.
- 2. They had to get their start from men's bones. Then they mostly use string, I think.

Why did God give you your mother and not some other mom?

- 1. We're related.
- 2. God knew she likes me a lot more than other people's moms like me.

What kind of little girl was your mom?

- 1. My Mom has always been my mom and none of that other stuff.
- 2. I don't know because I wasn't there, but my guess would be pretty bossy.
- 3. They say she used to be nice.

What did Mom need to know about dad before she married him?

- 1. His last name.
- 2. She had to know his background. Like is he a crook? Does he get drunk on beer?
- 3. Does he make at least \$800 a year? Did he say NO to drugs and YES to chores?

Why did your mom marry your dad?

- 1. My dad makes the best spaghetti in the world. And my Mom eats a lot.
- 2. She got too old to do anything else with him.
- 3. My grandma says that Mom didn't have her thinking cap on.

Who's the boss at your house?

- 1. Mom doesn't want to be boss, but she has to because dad's such a goof ball.
- 2. Mom. You can tell by room inspection.. She sees the stuff under the bed.
- 3. I guess Mom is, but only because she has a lot more to do than dad.

What's the difference between moms & dads?

- 1. Moms work at work and work at home and dads just go to work at work.
- 2. Moms know how to talk to teachers without scaring them.
- 3. Dads are taller & stronger, but moms have all the real power 'cause that's who you got to ask if you want to sleep over at your friend's.
- 4. Moms have magic; they make you feel better without medicine.

What does your mom do in her spare time?

- 1. Mothers don't do spare time.
- 2. To hear her tell it, she pays bills all day long.

What would it take to make your mom perfect?

- 1. On the inside she's already perfect. Outside, I think some kind of plastic surgery.
- 2. Diet. You know, her hair. I'd diet, maybe blue.

If you could change one thing about your mom, what would it be?

- 1. She has this weird thing about me keeping my room clean. I'd get rid of that.
- 2. I'd make my mom smarter. Then she would know it was my sister who did it and not me.
- 3. I would like for her to get rid of those invisible eyes on the back of her head.

THE DOG

A woman was flying from Seattle to San Francisco. Unexpectedly, the plane was diverted to Sacramento along the way. The flight attendant explained that there would be a delay, and if the passengers wanted to get off the aircraft the plane would re-board in 50 minutes.

Everybody got off the plane except one lady who was blind. The man had noticed her as he walked by and could tell the lady was blind because her seeing-eye dog lay quietly underneath the seats in front of her throughout the entire flight.

He could also tell she had flown this very flight before because the pilot approached her, and calling her by name, said, 'Kathy, we are in Sacramento for almost an hour. Would you like to get off and stretch your legs?' The blind lady said, 'No thanks, but maybe <u>Buddy</u> would like to stretch his legs.'

<u>Picture this:</u> All the people in the gate area came to a complete standstill when they looked up and saw the pilot walk off the plane with a seeing-eye dog! The pilot was even wearing sunglasses. People scattered. <u>They not only tried to change planes</u>, but they were trying to change airlines!



True story. Have a great day and remember: THINGS AREN'T ALWAYS AS THEY APPEAR

HE WHO WAS AMONGST US—by Saint Justin (Popovich)

(In memory of Blessed Metropolitan Antony Khrapovitsky)

The Most Blessed Metropolitan Antony passed into the other world prayerfully and peacefully. He was not of this world but belonged entirely to that other world even while he was in this world. He walked upon this earth but his inner life was concealed with Christ in God. He contemplated on what was above, and by heavenly means he measured what was earthly, and what was temporary; he evaluated in comparison with the eternal. Death has uncovered the reliquary of his body, and he has joyously been translated into the heavenly realm, eternal and not made by hands. It was only for this that he dreamt. For he lived in this life like a traveler who, while crossing this world, hastens to his eternal homeland, to the heavenly realm in which the sun is Christ, radiating truth and love, shining without setting or being extinguished.

If anyone in this world always lived in unity "with all the saints" (Hb.3:18), it was assuredly this Most Blessed Metropolitan. He was always in holy "community" which is nourished by prayer, love and faith. This is his sacred amity in which, with pious, tireless sensitivity and prayerfulness, he associated with the holy fathers, contemplating them, speaking from them. He belonged to them with his whole soul and whole heart; it was with their eyes that he gazed upon this world. In unity with them he lived in this world and thus he was mighty in the patristic faith, in deeds, in life itself. And now he is with them and amongst them. There can be no doubt that his soul now joyously makes prostrations before Saint Chrysostom, Saint Basil, before Saint Gregory and the rest of the hierarch-saints. He makes such prostrations while praying for all of us, his children.

A martyr — by his death he joined the martyrs. Was he not a martyr? He who burdened himself with severe moral struggle? Yet in the dawn of his monasticism he tormented himself with Christ's suffering, day and night placing upon himself the labors of fasting, prayer, tears, meekness, almsgiving, love, love of one's neighbor, love of God. Truly a martyr, for he exhausted his body and subjected his soul to ascetic labors, restraining from everything worldly to attain the wondrous kingdom of his Lord Jesus Christ.

A confessor — by his death he joined the confessors. Seldom in our age has anyone proclaimed the Gospel truth with such fearless confession. His divinely wise voice rang out not only in the vastness of Russia. It sounded forth with its life-creating strength resurrecting dead souls, comforting those who sorrowed; it laid low those who fought against Christ, and silenced the lips of the evil-minded. Fearlessly, he strode toward Christ's truth by the most direct path. With apostolic courage and daring he defended the Orthodox Church before the powerful of this age. And he did so at the price of heavy sufferings. But in all these sufferings he was kind and peaceful, as according to the Apostle, "Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake: for when I am weak, then am I strong." (2Cor.12:10) Nothing could force him to silence or even deter his Pauline eloquent zeal for Orthodoxy.

Unmercenary — through death he united with the holy unmercenaries. For, who was so generous as he? Who else was as tenderly merciful? Who, if not he, was so

evangelical a co-sufferer? Truly, seldom has anyone so decisively, so sincerely and so firmly come to love poverty for Christ's sake. All that he had belonged to everyone. I am certain that after his death he left no money and no possessions aside from some books and a donated cassock. Unmercenary, he fed the spiritually hungry as well as their bodies. No one who ever spent a few moments with him left without being consoled, inspired, reassured. From him a stream of grace flowed unseen into the souls of those who conversed with him. Whether he spoke, or kept silent, or smiled upon us, he miraculously acted upon us, and often he stirred up a trembling in your entire being.

An ascetic — through death he united with the holy ascetics. Together with the holy ascetics he perceived and understood Christianity as a moral struggle, a struggle by which a person is transformed into an eternal, deified being. Our the Most Blessed Abba Antony was a leader and guide for us. There is nothing lifeless, nothing scholastic in his perception and understanding of Christianity, while all round, in rationalistic and scholastic Europe, the dead are burying their own dead. The blessed Abba received every commandment of the Savior as a calling to struggle, and all the commandments together as an incarnate asceticism. Indeed, not a single word of the Savior, not a single commandment of the Savior can be fulfilled without effort, without labor, without struggle. Thus, it is said: "The kingdom of heaven suffereth violence, and the violent take it by force" (Mt.11:12) and our Most Blessed Metropolitan was always engaged in a labor of evangelical toil. He turned his ascetic life into a sermon: the Gospel is a moral struggle, Christianity is a moral struggle. This great metropolitan, from beginning to end, was a tireless ascetic, filled with prayer, tender mercy, tears, love, forgiveness, all-encompassing love.

A man of prayer — by death he joined the saints of prayer. Truly, our Blessed Vladika lived by prayer on earth. It could not have been otherwise. The one who is most faithful to the Gospel on earth is, at the same time, the most prayerful. This is so because he is sensitive to the measureless tragedy of life, which arises from that sinfulness and evil which have arisen in this world. An evangelical person is aware with his whole being that only the Almighty Lord can destroy wickedness and the devil from among mankind. In the evangelical soul of our blessed metropolitan, every person called forth prayer from his heart. He treated everything prayerfully. Thousands and millions of human beings perish in the sea of life, being tossed about by the storms of evil. How could this visionary metropolitan not cry out with unceasing prayer and not call for the help the One Who alone can save us from the evil-one, from sin? A true Christian inevitably is a true praying person. If he has any kind of a calling, then here is his calling both in this world and the one that is to come.

And what now? Now, over our sorrowful world, there is yet another martyr amongst the holy martyrs. Yet another unmercenary amongst the holy unmercenaries, yet another ascetic amongst the holy ascetics, yet another one of holy prayer amongst the holy-ones of prayer. And this means that there has increased the number of eternally vigilant and untiring holy ones praying for our bitter world. Thus our grief over the

departure of our Most Blessed Metropolitan Antony turns into joy, for now he will love us even more strongly, even more will he help us, even more sincerely will he support us on the Gospel path, even more penetratingly will he lead us through the darkness of this world into the azure splendour of the Saviour's wondrous eternity.

O Lord All-Merciful, have mercy on us by the prayers of our father, Blessed Metropolitan Antony.

The Church, under persecution, scores victories. When insulted, it becomes even more radiant. It receives injuries, but it does not succumb to the wounds. It sails through rough seas, but it does not sink. It fights, but it is never defeated. O man, there is nothing more powerful than the Church. *St. John Chrysostom*

REMINDERS: <u>NO KNEELING</u> until the Kneeling Prayers of Pentecost Sunday. Instead of "Vechnaya Pam'yat" at the end of a Parastas or during a funeral service *until Ascension Thursday*, we sing "Christ is Risen!" Also, we do not say the prayer to the Holy Spirit "O Heavenly King" until Pentecost Sunday.