



## **Holy Ghost Orthodox Church**

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**Rev. Father Robert Popichak, Pastor**

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**ON THE MEND:** Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Constantine, Patriarch Pavle, Metropolitan Theodosius, Bishop Robert, Father Peter Natishan, Father Gerald Olszewski, Father Jakiw Norton, Father Dragan Filipović, Father Elias Katras, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Michael Mihalick [MS], Father Joseph Kopchak, Father Charles Mezzomo, Father Anthony Dimitri, Father Frank Estocin, Ollie Pendylshok, Walt & Evelyn Burlack, Joshua Agosto and his family, Harley Katarina Rahuba, Mike and Hilda Holupka, Eva Malesnick, Helen Likar, Stella Peanoske, Joe Nezolyk, Nick Behun, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Maria Balo, Linda Mechtly, Mary Mochnick, Mildred Manolovich, Evelyn Misko, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Sandy Gamble, Glen Lucas Burlack, Bernie Vangrin, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Cameron [a boy in Matt's class], Faith—a 7-year-old girl with rheumatoid arthritis, Isabella Olivia Lindgren—a 3-year-old with a brain tumor, Dillon, Ethel Thomas, Donna, Nick Malec [Maxine's brother], Erin, Jim Markovich, Jeff Walewski [thyroid cancer], Carol [Lotinski] Rose, Michael Miller, Dave May, Grace & Owen Ostrasky, Alverta, Gary Zurasky, Michael Horvath, Patti Sinecki, David Genshi, Rita Very & family, Sue Segeleon, Mike Gallagher, Mildred Walters, Michael Miller, Jim Logue—throat cancer, Liz Stumpf, Ester Tylavsky, Ed Jamison, Theodore Nixon, Charles Johnson, Amy Forbeck, Michelle Corba Kapeluck, Gloria Prymak [Liz's niece], Robert Hippert & family, Margaret Vladimir, Luke Emmerling, John Sheliga, Sabrina, George & Mika Rocknage, Elizabeth Mitchell, Robert McKivitz, Cliff Dow, Marjorie Pershing, Amy Kemerer, Tom Marriott, Joe Farkas, Liz Obradovich, Liz, Halyna Zelinska [Bishop Daniel's mother], Mary Ann, Charlotte, Peter Natishan, Michael Spak, Andrew Mark Olynyk, Deborah Finley, Claire Senita, Brandi Thomas, Eleanor Kelly, Bryan, Ben Bonifield—a classmate of Alex, Peter Special, Amy Boe, Doris Artman, Maureen Sams, Nancy Barylak, Patrick Keenan, and Daria Masur. **ARNOLD:** Stefania Lucci, Steve Sakal, Homer Paul Kline, and Steve Ostaffy. We pray that God will grant them all a speedy recovery.

**2009 Church Icon Wall Calendars & Envelopes are available downstairs.**

**Happy Birthday to our February babies:** David Shirley on the 1<sup>st</sup>, Kyle James Weiser on the 12<sup>th</sup>, and Michael Horvath on the 14<sup>th</sup>. **May God grant them all Many Happy, Healthy, and Prosperous Years!**

Please remember David Weaver in Mosul, James John Logue George Senita, & John Kirkowski assigned to Iraq, Matthew Machak, and ALL American servicemen and women in the Middle East in your prayers. May God watch over them and all American servicemen and women—and bring them all home safely!

PLEASE REMEMBER TO BRING YOUR “BOXTOPS FOR EDUCATION” AND CAMPBELL’S SOUP LABELS TO CHURCH. There is a shoebox in the basement for Alex’s Sixth Grade and Matt’s Fourth Grade collections. THANK YOU ALL FOR YOUR HELP! **Love, ALEX AND MATT**

**REMEMBER—PRAYERS ARE ALWAYS FREE!**

**Communion Fasting:** nothing to eat or drink after midnight, EXCEPT in cases where your doctor tells you to eat or drink something for medical reasons: medication, diabetes, etc. If you have a question, please call Father Bob.

AT ANY TIME—if there is an emergency, if you have questions, or if you just need to talk, please **CALL FATHER BOB** at [412] 279-5640.

### Schedule of Services

**Sunday, February 8**

**Divine Liturgy 10:30 AM**

**SUNDAY OF THE PUBLICAN AND THE PHARISEE**

**VENERABLE XENOPHON & WIFE MARY & SONS SAINTS ARCADIUS & JOHN OF CONSTANTINOPLE, MARTYRS ANANIAS-PRESBYTER, PETER & 7 SOLDIERS IN PHOENICIA, VENERABLE SYMEON “THE ANCIENT” OF MOUNT SINAI, SAINT JOSEPH-BISHOP OF THESSALONICA-BROTHER OF SAINT THEODORE OF THE STUDIO, TRANSLATION OF THE RELICS OF VENERABLE THEODORE-ABBOT OF THE STUDIO**

*Tone 1*

2 Timothy 3:10-15

Luke 18:10-14

*Litany in Blessed Memory of Milton G. Chicka, Daniel Pysh, Sara Chicka, & Mary Lokie—Fr. Bob  
Parastas in Blessed Memory of Robert Vetosky—40 Days—Fr. Bob*

**Sunday, February 15**

**Divine Liturgy 10:30 AM**

**SUNDAY OF THE PRODIGAL SON**

**THE MEETING OF OUR LORD AND SAVIOR JESUS CHRIST**

*Tone 2*

Hebrews 7:7-17

Luke 2:22-40

*Parastas in Blessed Memory of Helen Pytlak—Pytlak & Behun Families*

Sunday, February 22

Divine Liturgy

10:30 AM

MEATFARE SUNDAY, SUNDAY OF THE LAST JUDGMENT, MARTYR NICEPHORUS OF ANTIOCH, UNCOVERING  
RELICS OF SAINT INNOCENT OF IRKUTSK, HIEROMARTYRS MARCELLUS-BISHOP OF SICILY, PHILAGRIUS-  
BISHOP OF CYPRUS, & PANCRATIUS-BISHOP OF TAORMINA, VENERABLE PANCRATIUS-HIEROMONK OF  
PERCHEVSKY LAVRA, MARTYR PETER DAMASCENE

*Tone 3*

I Corinthians 8:8-9:2

Matthew 25:31-46

## **BULLETIN INSERT FOR 08 FEBRUARY 2009**

SUNDAY OF THE PUBLICAN AND THE PHARISEE

VENERABLE XENOPHON, WIFE MARY, & SONS SAINTS ARCADIUS & JOHN  
OF CONSTANTINOPLE, MARTYRS ANANIAS-PRESBYTER, PETER & 7  
SOLDIERS IN PHOENICIA, VENERABLE SYMEON "THE ANCIENT" OF  
MOUNT SINAI, SAINT JOSEPH-BISHOP OF THESSALONICA-BROTHER OF  
SAINT THEODORE OF THE STUDIO, TRANSLATION OF THE RELICS OF  
VENERABLE THEODORE-ABBOT OF THE STUDIO

### **TROPARION—TONE 1**

When the stone had been sealed by the Jews;  
While the soldiers were guarding Thy most pure Body;  
Thou didst rise on the third day, O Savior,  
Granting life to the world.  
The powers of heaven therefore cried to Thee, O Giver of life:  
Glory to Thy Resurrection, O Christ!  
Glory to Thy Kingdom!  
Glory to Thy Dispensation, O Thou who lovest mankind.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and  
unto ages of ages. Amen.

### **KONTAKION—TONE 4**

Let us learn from the pride of the Pharisee  
And learn humility from the Publican's tears.  
Let us cry to our Savior:  
Have mercy on us, O only merciful One.

### **PROKEIMENON—TONE 1**

**READER:** Let Thy mercy, O Lord, be upon us as we have set our hope on  
Thee.

**PEOPLE:** Let Thy mercy, O Lord, be upon us as we have set our hope on  
Thee.

**READER:** Rejoice in the Lord, O you righteous! Praise befits the just!

**PEOPLE:** **Let Thy mercy, O Lord, be upon us as we have set our hope on Thee.**

**READER:** Let Thy mercy, O Lord, be upon us.

**PEOPLE:** **As we have set our hope on Thee.**

## **ALLELUIA VERSES**

God gives vengeance to me, and subdues people under me.

He magnifies the salvation of the king, and deals mercifully with His Christ, with David and his seed forever!

### **Adam and Eve's pets**

Adam and Eve said, 'Lord, when we were in the garden, you walked with us every day. Now we do not see you any more. We are lonesome here, and it is difficult for us to remember how much you love us.'

And God said, 'I will create a companion for you that will be with you and who will be a reflection of my love for you, so that you will love me even when you cannot see me. Regardless of how selfish or childish or unlovable you may be, this new companion will accept you as you are and will love you as I do, in spite of yourselves.'

And God created a new animal to be a companion for Adam and Eve.

And it was a good animal. And God was pleased.

And the new animal was pleased to be with Adam and Eve and he wagged his tail.

And Adam said, 'Lord, I have already named all the animals in the Kingdom and I cannot think of a name for this new animal.'

And God said, 'I have created this new animal to be a reflection of my love for you, his name will be a reflection of my own name, and you will call him DOG.'

And Dog lived with Adam and Eve and was a companion to them and loved them.

And they were comforted. And God was pleased. And Dog was content and wagged his tail.

After a while, it came to pass that an angel came to the Lord and said, 'Lord, Adam and Eve have become filled with pride. They strut and preen like peacocks and they believe they are worthy of adoration. Dog has indeed taught them that they are loved, but perhaps too well.'

And God said, I will create for them a companion who will be with them and who will see them as they are. The companion will remind them of their limitations, so they will know that they are not always worthy of adoration.'

And God created CAT to be a companion to Adam and Eve.

And Cat would not obey them. And when Adam and Eve gazed into Cat's eyes, they were reminded that they were not the supreme beings.

And Adam and Eve learned humility.

And they were greatly improved.  
And God was pleased . . . . .  
And Dog was happy. . . . .  
And Cat didn't give rip one way or other....

Man is essentially good. Evil is a parasite that feeds on inner human suffering. Do not forget that the word "passion" means suffering, not sin. A greater part of the duty of the priest is to help heal inner human suffering. Sometimes, the passions lead us into sin just because of the bitterness that the passions cause. Open your heart to inner this suffering of others and see this suffering at the root of almost all sin. You cannot deliver people from sin unless you strive to heal their inner human suffering, the pain that is endured in the mind and emotions. (*Archbishop Lazar*)

Prime responsibility for the failure of children in life lies with their parents and thereafter with their teachers. They praise them constantly. They fill them with egotistical words. They do not lead them to the spirit of God and they alienate them from the Church. When the children grow up a little and go to school with this egotism they abandon and disdain religion and they lose their respect for God, for their parents and for everyone. They become stubborn, hard and unfeeling, with no respect for religion or for God. We have produced a generation of egotists and not of Christians.  
*+Elder Porphyrios*

Children are not edified by constant praise. They become self-centered and vain. All their lives they will want everyone to be praising them constantly, even if they are being told lies. Unfortunately, nowadays all people have learned to tell lies and the conceited accept those lies as their daily sustenance. 'Say it, even if it's not true, even if it's ironical,' they say. God does not want this. God wants truth. Unfortunately, not all people understand this and they do the very opposite. When you praise children constantly and indiscriminately, they fall prey to the temptations of the evil one. He sets the mill of egotism in motion, and accustomed as they are to praise from their parents and teachers, they make progress at school perhaps, but what is the gain? In life they will be egotists and not Christians. Egotists can never be Christians. Egotists desire to be praised constantly by everyone, for everyone to love them and for everyone to speak well of them, and this is something that our God, our Church and our Christ do not want. Our religion does not wish for this kind of upbringing. On the contrary, it wants children to learn the truth from an early age. The truth of Christ emphasizes that if you praise a person you make him an egotist. An egotist is mixed-up and is led by the devil and the evil spirit. And so, growing up in the spirit of egotism, his first task is to deny God and to be a badly adjusted egotist in society.  
*+Elder Porphyrios*

You must tell the truth for a person to learn it. Otherwise you sustain him in his ignorance. When you tell someone the truth, he finds his bearings, he takes care, he listens to other people, and he restrains himself. And so to a child also you must tell the truth and scold it so that it knows that what it is doing is not good. What does Solomon say? He that spares the rod hates his son, but he that loves him chastens him diligently. I don't mean, of course, for you to beat the child with a stick. Then we overstep the bounds and produce the opposite result. By praising our children from an early age we lead them to egotism. And you can hoodwink an egotist, provided you tell him how good he is and inflate his ego. And so he tells you, 'This person who praises me is good.' These things are not right. Because such a person grows up with egotism, confusions arise within him, he suffers, and he doesn't know what he is doing. The cause of psychological instability and disorder is egotism. This is something that psychiatrists themselves, if they explore the matter, will discover, namely, that the egotist is sick. *+Elder Porphyrios*

We should never praise and flatter our fellow men, but rather lead them to humility and love of God. Nor should we seek to be loved by flattering others. Let us learn to love and not seek to be loved. Let us love everyone and make sacrifices, as great as we are able, for all our brothers and sisters in Christ, without expecting praise and love from them in return. They will do for us whatever God inspires them to. If they are Christians, they will give glory to God that we helped them or spoke a good word to them.

This is also the way you should guide the children at school. This is the truth. Otherwise they grow up maladjusted. They don't know what they are doing and where they are going, and we are the cause of it, on account of the way we have brought them up. We have not led them to truth, to humility and to the love of God. We have turned them into egotists and look at the result!

There are also, however, children who come from humble parents who spoke to them from an early age about God and about holy humility. These children do not create problems to their fellow men. They do not get angry when you point out their error, but try to correct it and pray that God may help them not to become egotists. *+Elder Porphyrios*

### **Steeler Humor—God is a Steeler Fan!**

John Elway, after living a full life, died. When he got to heaven, God was showing him around. They came to a modest little house with a faded Broncos flag in the window. "This house is yours for eternity, John," said God. "This is very special; not everyone gets a house up here."

John felt special, indeed, and walked up to his house. On his way up the porch, he noticed another house just around the corner. It was a 3-story mansion with a Black and Gold sidewalk, a 50 foot tall flagpole with an enormous Steeler logo flag, and in every window, a Terrible Towel.

John looked at God and said "God, I'm not trying to be ungrateful, but I have a question. I was an all-pro QB, I won 2 Super Bowls, and I even went to the Hall of Fame."

God said "So what's your point John?"

"Well, why does Ben Roethlisberger get a better house than me?"

God chuckled, and said "John, that's not Ben's house, it's mine!"