



Holy Ghost Orthodox Church

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ON THE MEND: Please keep the following parishioners and others in your prayers for recovery from their illnesses and injuries: Metropolitan Constantine, Patriarch Pavle, Archimandrite Raphael, Father Peter Natishan, Father Gerald Olszewski, Father Jakiw Norton, Father Dragan Filipović, Father Elias Katras, Father Stevo Rocknage, Father Paul Stoll, Father Igor Soroka, Father Deacon Joseph Bulkanowa, Ollie Pendylshok, Walt & Evelyn Burlack, Joshua Agosto and his family, Harley Katarina Rahuba, Mike and Hilda Holupka, Eva Malesnick, Helen Likar, Angela Wesolosky, Stella Peanoske, Joe Nezolyk, Nick Behun, Terry Reinhart, Bernie O'Masta, Grace Holupka, Virginia Bryan, Joseph Sliwinsky, Maria Balo, Linda Mechtly, Mary Mochnick, Mary Pekich, Mildred Manolovich, Evelyn Misko, Amy, Nigel Daniel, & Daniel Pocura, Jeanne Boehing, Alex Drobot, Rachelle, Jane Golofski, Doug Diller, Harry Krewsun, Sandy Gamble, Glen Lucas Burlack, Bernie Vangrin, Mary Alice Babcock, Dorie Kunkle, Andrea, & Melissa [Betty O'Masta's relatives], Mary Evelyn King, Stella Cherepko, Sam Wadrose, Khoruia Joanne Abdalah, Cameron [a boy in Matt's class], Faith—a 5-year-old girl with rheumatoid arthritis, Isabella Olivia Lindgren—a 2-year-old with a brain tumor, Dillon, Ethel Thomas, Donna, Jeff, Nick Malec [Maxine's brother], Bill, Erin, Jimmy Fennel [7th Grader], Jim Markovich, Jeff Walewski [thyroid cancer], Carol [Lotinski] Rose, Michael Miller, Dave May, Peter Paul & Louise May Sprock, Grace & Owen Ostrasky, Claudia [Horvath] Gradicheck, Alberta, Margaret Mueller, Gary Zurasky, Michael Horvath, Tony Notaro, Patti Sinecki, David Genshi, Pete Special, Rita Very & family, Sue Segeleon, Mike Gallagher, Mildred Walters, Michael Miller, Betsy Mallison, Mike Pelchar [Liz's brother], Jim Logue—throat cancer, Michael, Amy, Luke Brunermer—broken arm, Liz Stumpf, Aubrie—3-month-old with Cystic Fibrosis, Kathy Ciranni, Ester Tylavsky, Ed Jamison, Sarah Wilson, Theodore Nixon [neonatal ICU], Mary Novosel, and Daria Masur. **ARNOLD:** Stefania Lucci, Kay Tomson, Ann Ostaffy, Steve Sakal, Elisabeth Arasin, Homer Paul Kline, and Steve Ostaffy. We pray that God will grant them all a speedy recovery.

COFFEE HOUR COORDINATOR WANTED! Help is needed to coordinate the coffee hour schedule—please see John Paouncic or Sonia Luciw if you are interested or have any questions.

BULLETIN INSERT FOR 22 JULY 2007

8TH SUNDAY AFTER PENTECOST—HIEROMARTYRS PANCRATIUS-BISHOP OF TAORMINA, CYRIL-BISHOP OF GORTYNA, SAINT THEODORE-BISHOP OF EDESSA, MARTYRS PATERMUTHIUS, COPRIUS, & ALEXANDER THE SOLDIER IN EGYPT, VENERABLE PATERMUTHIUS & COPRIUS—ASCETICS IN EGYPT, SAINT EUTHEMIUS OF KARELIA, BLESSED PETER-HIEROMARTYR OF CHEREVKOV

TROPARION—TONE 7

By Thy Cross, Thou didst destroy death!
To the thief, Thou didst open Paradise!
For the Myrrhbearers, Thou didst change weeping into joy.
And Thou didst command Thy disciples, O Christ God,
To proclaim that Thou art risen, granting the world great mercy!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

KONTAKION—TONE 7

The dominion of death can no longer hold men captive,
For Christ descended, shattering and destroying its powers!
Hell is bound, while the prophets rejoice and cry:
The Savior has come to those in faith!
Enter, you faithful, into the Resurrection!

PROKEIMENON—TONE 7

READER: The Lord shall give strength to His people! The Lord shall bless His people with peace!

PEOPLE: The Lord shall give strength to His people! The Lord shall bless His people with peace!

READER: Offer to the Lord, O you sons of God! Offer young rams to the Lord!

PEOPLE: The Lord shall give strength to His people! The Lord shall bless His people with peace!

READER: The Lord shall give strength to His people!

PEOPLE: The Lord shall bless His people with peace!

ALLELUIA VERSES—TONE 7

It is good to give thanks to the Lord, to sing praises to Thy name, O Most High!

To declare Thy mercy in the morning, and Thy truth by night!

WHITE LIE CAKE—*e-mailed by Father Joshua*

Have you ever told a white lie? You are going to love this, especially all of the ladies who bake for church events.

Mrs. Alice Vladimir-Khoury was to bake a cake for the St. John the Baptist Dixie Orthodox Church-on-the-Rus' Ladies' Sisterhood in South Lebanon, South Carolina, but forgot to do it until the last minute. She remembered it the morning of the bake sale and after rummaging through cabinets, found an angel food cake mix and quickly made it while drying her hair, dressing, and helping her son pack up for Scout camp.

When Alice took the cake from the oven, the center had dropped flat and the cake was horribly disfigured. She said, "Oh dear, there is not time to bake another cake."

This cake was important to Alice because she did so want to fit in at her new church, and in her new community of friends. So, being inventive, she looked around the house for something to build up the center of the cake.

Alice found it in the bathroom -- a roll of toilet paper. She plunked it in and then covered it with icing. Not only did the finished product look beautiful, it looked perfect.

Before she left the house to drop the cake by the church and head for work, Alice woke her daughter Elaina and gave her some money and specific instructions to be at the bake sale the moment it opened at 9:30 and to buy the cake and bring it home.

When the daughter arrived at the sale, she found the attractive, perfect cake had already been sold. Elaina grabbed her cell phone and called her mom. Alice was horrified -- she was beside herself.

Everyone would know! What would they think? She would be ostracized, talked about, ridiculed! All night, Alice lay awake in bed thinking about people pointing fingers at her and talking about her behind her back.

The next day, Alice promised herself she would try not to think about the cake and would attend the fancy luncheon/bridal shower at the home of a fellow church member and try to have a good time. Alice did not really want to attend because the hostess was a snob who more than once had looked down her nose the fact Alice was a single parent and not from the founding Russian families of South Lebanon, but having already RSVP'd, she couldn't think of a believable excuse to stay home.

The meal was elegant, the company was definitely upper crust old South and to Alice 's horror, the cake in question was presented for dessert!

Alice felt the blood drain from her body when she saw the cake! She started out of her chair to tell the hostess all about it, but before she could get to her feet, the Mayor's wife said, "What a beautiful cake!"

Alice still stunned, sat back in her chair when she heard the hostess (who was a prominent church member) say, "Thank you, I baked it myself."

Alice smiled and thought to herself, "God is good."

God and the Spider—*via e-mail from Shelley Hill*

During World War II, a US marine was separated from his unit on a Pacific island. The fighting had been intense, and in the smoke and the crossfire he had lost touch with his comrades.

Alone in the jungle, he could hear enemy soldiers coming in his direction. Scrambling for cover, he found his way up a high ridge to several small caves in the rock. Quickly he crawled inside one of the caves. Although safe for the moment, he realized that once the enemy soldiers looking for him swept up the ridge, they would quickly search all the caves and he would be killed.

As he waited, he prayed, "Lord, if it be your will, please protect me. Whatever your will though, I love you and trust you. Amen."

After praying, he lay quietly listening to the enemy begin to draw close. He thought, "Well, I guess the Lord isn't going to help me out of this one." Then he saw a spider begin to build a web over the front of his cave.

As he watched, listening to the enemy searching for him all the while, the spider layered strand after strand of web across the opening of the cave.

"Hah, he thought. "What I need is a brick wall and what the Lord has sent me is a spider web. God does have a sense of humor."

As the enemy drew closer he watched from the darkness of his hideout and could see them searching one cave after another. As they came to his, he got ready to make his last stand. To his amazement, however, after glancing in the direction of his cave, they moved on. Suddenly, he realized that with the spider web over the entrance, his cave looked as if no one had entered for quite a while.

"Lord, forgive me," prayed the young man. "I had forgotten that in you a spider's web is stronger than a brick wall."

We all face times of great trouble. When we do, it is so easy to forget what God can work in our lives, sometimes in the most surprising ways. And remember with God, a mere spider's web becomes a brick wall of protection.

**The Orthodox Monastery of the Transfiguration
Ellwood City, PA**

*Annual Pilgrimage and
40th Anniversary Celebration*

Presiding Hierarchy:

The Most Blessed HERMAN

Archbishop of Washington & New York
Metropolitan of All America and Canada
with

The Most Rev. NATHANIEL

Archbishop of the Romanian Episcopate
and **Visiting Hierarchs**

Sunday, August 5: 5:00 p.m. Vigil Service
followed by refreshments

Monday, August 6:

9:30 a.m.: Greeting and Vesting of Primate

10:00 a.m.: Procession and Holy Liturgy in our outdoor
Chapel Pavilion

Noon: Lunch, Fellowship, Shopping in our store

2:30 p.m.: Sacrament of Holy Unction and
Anointing of Pilgrims

Please join us in celebrating our 40th Anniversary!

For information and directions, call 724-758-4002

HELP WANTED AND NEEDED! The Eastern Orthodox Foundation is holding their annual festival on Sunday, September 9, 2007, at their property on Route 422 in Penn Run, just outside of Indiana, PA. Father George Hnatko has asked our parishioners, if possible, to volunteer to help at this major fund-raising event for the Foundation. If you would like to volunteer your time or to make a food or monetary donation, please see John or Debbie Paouncic

KIDS AND LOVE

Kids, aged 5 to 10, were asked questions about what they thought of love and marriage. Here's what they said.

"If falling in love is anything like learning how to spell, I don't want to do it. It takes too long." -- Glenn, age 7

"Love is like an avalanche where you have to run for your life." -- John, age 9

"I think you're supposed to get shot with an arrow or something, but the rest of it isn't supposed to be so painful." -- Manuel, age 8

"No one is sure why it happens, but I heard it has something to do with how you smell. That's why perfume and deodorant are so popular." -- Mae, age 9

"Love is the most important thing in the world, but baseball is pretty good too." -- Greg, age 8

"Once I'm done with kindergarten, I'm going to find me a wife." -- Tom, age 5

"On the first date, they just tell each other lies, and that usually gets them interested enough to go for a second date." -- Mike, 10

"I'm in favor of love as long as it doesn't happen when Dinosaurs is on television." -- Jill, age 6

"One of the people has freckles, and so he finds somebody else who has freckles too." -- Andrew, age 6

"My mother says to look for a man who is kind. That's what I'll do. I'll find somebody who's kinda tall and handsome." -- Carolyn, age 8

"It gives me a headache to think about that stuff. I'm just a kid. I don't need that kind of trouble." -- Kenny, age 7

"One of you should know how to write a check. Because, even if you have tons of love, there is still going to be a lot of bills." -- Ava, age 8

"When somebody's been dating for a while, the boy might propose to the girl. He says to her, 'I'll take you for a whole life, or at least until we have kids and get divorced.'" -- Anita, 9

"I'm not rushing into being in love. I'm finding fourth grade hard enough." -- Regina, age 10

"Most men are brainless, so you might have to try more than once to find a live one." -- Angie, age 10

"A man and a woman promise to go through sickness and illness and diseases together." -- Marlon, age 10

"[Being] single is better . . . for the simple reason that I wouldn't want to change no diapers. Of course, if I did get married, I'd figure something out. I'd just phone my mother and have her come over for some coffee and diaper-changing." -- Kirsten, age 10

"Love is foolish...but I still might try it sometime." -- Floyd, age 9

"Love will find you, even if you are trying to hide from it. I been trying to hide from it since I was five, but the girls keep finding me." -- Dave, age 8

"When a person gets kissed for the first time, they fall down, and they don't get up for at least an hour." -- Wendy, age 8

"You should never kiss a girl unless you have enough bucks to buy her a big ring and her own VCR, 'cause she'll want to have videos of the wedding." -- Jim, age 10

"Never kiss in front of other people. It's a big embarrassing thing if anybody sees you. But if nobody sees you, I might be willing to try it with a handsome boy, but just for a few hours." -- Kally, age 9

"You learn [how to kiss] right on the spot when the gooshy feelings get the best of you." -- Doug, age 7

"If it's your mother, you can kiss her anytime. But if it's a new person, you have to ask permission." -- Roger, age 6

"It's never okay to kiss a boy. They always slobber all over you. That's why I stopped doing it." -- Tammy, age 10

"I know one reason kissing was created. It makes you feel warm all over, and they didn't always have electric heat or fireplaces or even stoves in their houses." -- Gina, age 8

"The law says you have to be eighteen, so I wouldn't want to mess with that." -- Curt, age 7

"The rules goes like this: if you kiss someone, then you should marry her and have kids with her. It's the right thing to do." -- Howard, age 8

(on seeing a couple kissing) "He is trying to steal her chewing gum!" -- Boy, age 6

"If you want to be loved by somebody who isn't already in your family, it doesn't hurt to be beautiful." -- Anita, age 8

"Beauty is skin deep. But how rich you are can last a long time." -- Christine, age 9

"It isn't always how you look. Look at me. I'm handsome like anything, and I haven't got anybody to marry me yet." -- Brian, age 7

"Lovers will just be staring at each other and their food will get cold. Other people care more about the food." -- Brad, age 8

"They act mooshy. Like puppy dogs, except puppy dogs don't wag their tails nearly as much." -- Arnold, age 10

"All of a sudden, the people get movies fever so they can sit together in the dark." -- Sherm, age 8

"Romantic adults usually are all dressed up, so if they are just wearing jeans it might mean they used to go out or they just broke up." -- Sarah, age 9

"It's love if they order one of those desserts that are on fire. They like to order those because it's just like how their hearts are -- on fire." -- Christine, age 9

"See if the man picks up the check. That's how you can tell if he's in love." -- John, age 9

"Many daters just eat pork chops and french fries and talk about love." -- Craig, age 9

"Both don't want no more kids." -- Lori, age 8

"Married people usually look happy to talk to other people." -- Eddie, age 6

"You might have to guess based on whether they seem to be yelling at the same kids." -- Derrick, age 8

"You got to find somebody who likes the same stuff. Like if you like sports, she should like it that you like sports, and she should keep the chips and dip coming." -- Allan, age 10

"No person really decides before they grow up who they're going to marry. God decides it all way before, and you get to find out later who you're stuck with." -- Kirsten, age 10

On Strategies For Making People Fall In Love With You:

"Tell them that you own a whole bunch of candy stores." -- Del, age 6

"Shake your hips and hope for the best." -- Camille, age 9

"Yell out that you love them at the top of your lungs...and don't worry if their parents are right there." -- Manuel, age 8

"Don't do things like have smelly, green sneakers. You might get attention, but attention ain't the same thing as love." -- Alonzo, age 9

"One way is to take the girl out to eat. Make sure it's something she likes to eat. French fries usually works for me." -- Bart, age 9

"Twenty three is the best age because you know the person forever by then." -- Cam, age 10

"No age is good to get married at. You got to be a fool to get married!" -- Freddie, age 6

Kids, aged 5 to 10, were asked questions about what they thought of love and marriage. Here's what they said.

"Spend most of your time loving instead of going to work." -- Dick, age 7

"Dates are for having fun, and people should use them to get to know each other. Even boys have something to say if you listen long enough." -- Lynnette, age 8

"Tell your wife that she looks pretty even if she looks like a truck!" -- Ricky, age 7

"Don't forget your wife's name. That will mess up the love." -- Erin, age 8

"Sensitivity don't hurt." -- Robbie, age 8

"Be a good kisser. It might make your wife forget that you never take out the trash." - Erin, age 8

"Don't say you love somebody and then change your mind. Love isn't like picking what movie you want to watch." -- Natalie, age 9

"I'd run home and play dead. The next day I would call all the newspapers and make sure they wrote about me in all the dead columns." -- Craig, age 9

"The person is thinking: 'Yeah, I really do love him. But I hope he showers at least once a day.'" -- Michelle, age 9

"Some lovers might be real nervous, so they are glad that they finally got it out and said it, and now they can go eat." -- Dick, age 7

"They want to make sure their rings don't fall off, because they paid good money for them." -- Gavin, age 8

"They are just practicing for when they might have to walk down the aisle someday and do the holy matchimony thing." -- John, age 9

Titles of Love Ballads You Can Sing To Your Loved One:

"I Love Hamburgers, I Like You!" -- Eddie, age 6

"You Are My Darling Even Though You Also Know My Sister." -- Larry, age 8

"I Am In Love With You Most of the Time, But Don't Bother Me When I'm With My Friends." -- Bob, age 9

"How Do I Love Thee When You're Always Picking Your Nose?" -- Arnold, age 10

"Honey, I Got Your Curly Hair and Your Nintendo On My Mind." -- Sharon, age 9

"Hey, Baby, I Don't Like Girls, But I'm Willing To Forget You Are One!" -- Will, age 7

Bob Graham, '59
Winter Springs, FL

BALANCE?

God was missing for six days. Eventually, Michael, the archangel, found him, resting on the seventh day. He inquired, "Where have you been?"

God smiled deeply and proudly pointed downwards through the clouds, "Look, Michael. Look what I've made."

Archangel Michael looked puzzled, and said, "What is it?" "It's a planet," replied God, "and I've put Life on it. I'm going to call it Earth and it's going to be a place to test Balance." "Balance?" inquired Michael, "I'm still confused."

God explained, pointing to different parts of earth. "For example, northern Europe will be a place of great opportunity and wealth, while southern Europe is going to be poor. Over there I've placed a continent of white people, and over there is a....."

The Archangel, impressed by God's work, interrupted, pointed to a land area and said, "What's that one?"

"That's Washington State, the most glorious place on earth. There are beautiful mountains, rivers and streams, lakes, forests, hills, and plains. The people from Washington State are going to be handsome, modest, intelligent, and humorous, and they are going to travel the world. They will be extremely sociable, hardworking, high achieving, and they will be known throughout the world as diplomats, carriers of peace, and producers of software!."

Michael gasped in wonder and admiration, but then asked, "But what about balance, God? You said there would be balance."

God smiled, "There is another Washington. Wait till you see the idiots I put there."